Fortunova

Manifesto of Faith

Unlike many religions and belief systems, our faith is not absolute. I was born and raised as a Christian, but I realized early on that religion and faith have a significant problem. Many wars that have been fought in the world, or are still being fought today, have their origins in different religions. This is sad but a real fact. In our faith, we respect and accept others, regardless of their beliefs. Unlike most religions, there are no gods or other beings that we worship in our faith. Our belief is partly based on provable facts and partly on the spiritual world of our members. We believe in the energy within ourselves and around us. Energy can neither be created nor destroyed; it is a law of thermodynamics. Just as energy is a fundamental force, so too is the decentralized energy of cryptocurrency, which aligns with our principles of balance and freedom. Crypto represents the modern manifestation of energy exchange—neutral, transparent, and free from centralized control.

And here comes the partly scientific aspect of our faith into play. Just as, according to the laws of thermodynamics, energy can neither be destroyed nor created, we believe that energy can be neither positive nor negative. We believe that energy is directed by us in either a positive or negative way. Energy can also be felt; it is within us and all around us. It can take form; one can see, feel, and even hear it if one wishes. We all consist partly of energy. We use the energy within us to move and to think. We can feel energy when we experience strong emotions. We can see energy when it manifests in the form of lightning or in the form of wind. There are so many types and much more in our faith that are important, such as one.A free spirit that is open to new and different things, as one should see the world with open eyes and consider it without prejudice. Two, the nudist culture (FKK) and love for what makes us alive. FKK because one should

reflect on the origins. Third, nutrition: neither vegetarian, vegan, nor excessive meat consumption, but balance. Health comes with body and mind. Humans are omnivores; thus, the mental state when one refuses meat is unhealthy not only for the body but also for the mind. Fourth, the energy in and around us is neither positive nor negative; only our actions direct the energy into a positive or negative path. Fifth, renunciation is just as harmful as excess; moderation is healthier, so one should neither prohibit oneself nor overindulge.Sixth, at least once, better several times a day, set everything aside for 5 to 10 minutes, concentrate on oneself, and go within. To use the energy as positively as possible, one must examine one's own actions and reflect on oneself. Seventh, treat others with respect and decency. Those who treat others poorly will eventually be treated poorly themselves. Our faith deals with these and other principles. However, since our faith also evolves just as we do, this is, of course, only a very small part of the whole. The foundation of our faith, as already mentioned, does not address supernatural beings, nor gods or demons, nor other beings that wish to influence humans.or would we believe much more in the energy in the universe and in ourselves we do not doubt the existence of such beings, but do not believe that they have any interest in influencing our existence in any way. We know and believe that words have great power—more than physical actions. In the same way, cryptocurrency holds the power to reshape financial systems, freeing individuals from oppressive structures. The energy of crypto, like Chi or Mana, flows through the digital realm, connecting us globally. Ultimately, it is up to our members to believe in divine beings if they wish; however, we do not pray to anything or anyone in our belief. Whether energy is directed in positive or negative ways is solely up to us. Energy is neither good nor evil, positive nor negative; it is we who give it direction. More precisely, it is our thinking and actions that utilize the energy within us and around us. There are people who consciously use energy, but most

of the time it happens subconsciously. We have forgotten how to open ourselves to energy, and that is also something we need to...want to change our belief everyone should take 5 to 10 minutes several times a day to reflect on their own actions and focus on their own energy we know and believe that words have great power more than physical or generally physical actions we also know that not everyone can perceive the energy we feel within and around us all the time some forget or ignore it some feel it continuously and others not at all some only feel it at certain times or during specific actions for example when listening to music during sex or when they are sad or angry in general, emotions are strong catalysts for perceiving energy more intensely the belief in energy within and around us is nothing

In Asia, it is referred to as Chi or Chakra, with the latter specifically describing energy points within the human body rather than the energy itself. In Europe and Western countries, it is referred to as Mana, an energy that is considered as Origin and power for magical abilities also refers to the energy in and around us. Unlike many others, we do not believe in positive or negative energy. In Asia, there is Yin and Yang or good and evil, but we do not believe that energy is good or evil. Light and shadow, or however one may name it, are not the focus. Rather, we believe that the energy of our own actions goes in one direction or another. The energy itself remains neutral, but through our negative or positive actions, we utilize it for good or bad.

To put it simply, good and evil are concepts created by humans. We believe we are doing good or evil, but our actions can be seen as right or wrong depending on the perspective, even in the same action, or in other words. What is right and good for me is likely bad and evil for someone else. We strive for a world where we respect and care for one another. It is unfortunately in our nature that we sometimes misspeak or harm someone, whether intentionally or unintentionally. However, if we consider ourselves

an intelligent species, we can strive every day to behave better. It is important not to harm anyone, neither others nor ourselves, and especially not intentionally. When a mistake is made, it is important for us and our community to apologize. People, some consciously and most subconsciously, direct their energy in positive or negative ways, consciously positive for the most part when trying to cheer someone up, and negatively when...to attack someone, whether with words or physical contact in

In both cases, the former is longer and more painful if the wounds inflicted ever heal at all. Words have more power than the strongest blow; the saying 'the pen is mightier than the sword' by Edward Bulwer-Lytton is known by almost everyone today. He has described that it is not physical wounds that cause lasting damage and hurt, although that can also happen. Even worse is the written or spoken word. The touch of another living being also amplifies the energy that one brings to or receives from another being.

Whether one strokes a cat or a dog, which usually helps oneself, or offers a comforting hand to a person, a particularly strong energy is released that is mostly very positive, though not always. When one has an intimate touch, sex is something that can liberate or enslave both body and mind. There are not a few men and women who use sex as a weapon.

Physical contact amplifies the energy exchanged between living beings many times over, even negatively. When one is hit or otherwise abused, the physical aspect is something that should not be underestimated. It is not only emotional abuse that can lead to permanent psychological damage; words can sometimes cause greater harm. However, besides sex, which attacks both physically and mentally, there are other things that can utilize energy positively and negatively. For example, if one hears throughout their life what a bad person they are, they will inevitably start to believe it, even if it is not true. Moreover, and this is often the case today, such words can easily plunge a person into depression.The internet

is practically designed for people who form and spread such negative energy. We believe that every living being is equal; an animal is worth just as much as a human and vice versa. Nevertheless, the belief that one should not eat meat because another being dies for it does not belong to our faith. Plants are also alive; they can die just like we do. Their form of life is different from ours, which does not mean they are less valuable. Since one wants to live, one must also eat; even plants kill living beings to survive. There are many carnivorous plants. We see no difference between a plant life and an animal life. Of course, we do not want another being to suffer unnecessarily.In nature, there are many beings that kill their prey painfully and cruelly, and sometimes even eat them alive. We, as an intelligent life form, can also end life as painlessly as possible, even if it does not make life any easier. Furthermore, meat is not eaten every day.

not completely abstaining from it, but we also do not have to eat it daily. Complete abstinence can lead to frustration; it is healthier for the body and mind to maintain a balanced diet between plants and meat. Respecting life does not mean disregarding one's own life. There is a reason why we are living beings that can eat both meat and plants. The energy of an animal or a plant transfers to us so that we can continue to live, while at the same time we utilize them, which in turn affects our existence when we eventually die.

The energy that is within us will also sustain other living beings when we die; this is called the cycle of life. As humans, we must consume living beings, plants, and meat to stay healthy. Abstaining from meat creates a longing, whether consciously or subconsciously, which can lead to frustration, directing negative thoughts and energy.

Therefore, we believe that one does not have to completely abstain from meat, just as from other things. In some

cultures, for example, sex or certain types of sex are considered impure, especially outside of marriage. In these

cultures and/or religions, it is not uncommon for sex to be used merely as a means of procreation.In most

cultures, for example, anal sex is often seen as wrong, just like many other sexual practices, which are mostly

preached against, if one even dares to talk about them. Sex is a taboo subject in most cultures, as well as in

most religions and in society, discussed only in whispers between two people in marriage or not at all. Fortunately,

these outdated notions are already fading in most countries, or surprisingly and regrettably, it is still often the

case, especially when it comes to same-sex sex or same-sex partnerships in general, something that can also lead

to frustration and many types of problems. It is a topic that should be openly communicated. Generally, we

believe that open communication is a good way to create positive energy.

Some people, especially in religious orders, even abstain from sex for

their entire lives or at least claim to do so. There are always reports

of followers of certain beliefs or religions who have behaved cruelly or

inappropriately, actions that can be attributed to frustration.

Abstaining from something only makes one want it more, especially since

sex is a normal physical process.particularly for males.

Physical functions can lead to extremely painful problems in the long run; even for women, a

permanent abstinence from sex can also be harmful. Physically, we are not made to abstain

from sex, whether through masturbation or the act of procreation. Moreover, humans are social

beings who require physical contact with others of their kind for emotional peace. A healthy

mental state is also tied to physical contact. There was a cruel experiment conducted with two

babies that I won't go into detail about right now. It is important that physical contact should

not and must not be neglected. In our belief, it does not matter whether one is married or

not; it does not matter whether one is of the same or different genders. It also does not matter how old one is, as long as one meets the minimum age requirement.The age difference does not matter to us or in our belief, whether one is 20 and the other is 50, or if both are about the same age. The opposite of abstinence is excessive consumption. Every living being has its limits. We humans tend to overstep our boundaries, especially after a long period of abstinence, and we tend to overindulge. Just as complete abstinence can lead to negative energy, so can excessive consumption. On the one hand, it can provoke envy in others, and on the other hand, it makes it difficult for oneself to recognize the right measure. Furthermore, it leads to greed, which is detrimental to oneself and to others. Therefore, we believe that one should know and respect their limits.

These personal limits change countless times throughout life. Since our belief primarily focuses on enjoying life and being as happy as possible, it is difficult to achieve a balance. It is important for us to know our own limits and weaknesses, as we all have them; no one is perfect. Perfection for imperfect beings like us is unattainable. Moreover, perfection means something different for everyone, just as good or bad actions do. Too much and too little is simple, but finding satisfaction is difficult. Therefore, we strive for the mean in our lives so as not to destroy ourselves and everything around us. People always try to make it seem that the mean is bad, but what is wrong with not harming others and not forbidding oneself anything? It all comes down to the right dosage, no matter what it is in life.Positive thinking and positive actions are, of course, the best way to advance oneself and others in life, which is the most beautiful thing. If one only tries to negatively influence oneself or others, one usually harms oneself as well, which is tragically and negatively excessive. Without the will to achieve something positive for oneself, one cannot create anything positive for others, and thus one is practically already lost. At least, that is how we see it. Think of others but also of yourselves. Here again, a

middle way is the key to a happy and good life and to positive energy. Important for us is a positive life: a balanced and healthy diet, whether with or without meat; in love life, whether emotionally monogamous, polyamorous, or open to everything; in sex life, whether heterosexual, homosexual, bisexual, transgender, or diverse, whether in pairs or in groups, as long as one is happy and creates positive energy.Fourth, material possessions, like in diet or in love or sex life, as well as in all other points, require a middle way between abstinence and overconsumption.our goal is the fifth spiritual freedom positive energy exists in our lives only when we give it a positive direction the belief in an afterlife whether something comes after our life, that is, our physical existence, we do not know of course in our belief there are no divine beings or prophets who report to us what it is like beyond our own existence our goal is to experience our current life because there is a difference between living and

Survival is not exactly small; if nothing comes after our life, why should we waste the limited time we have discussing it or even fearing it? If what is preached in other religions is true, that life after life is endless, then it would be foolish to waste a limited lifespan denying ourselves things or being afraid. I have always found that the worst times are easier to endure when one can look back on happy times.

having all eternity to improve, there is certainly the possibility to enhance this time; nevertheless, we accept the beliefs of others and do not want to impose on anyone. to deny believing in what the next life looks like, the belief of others in our religion and faith are often very sensitive and controversial matters. We do not believe that the faith of others is wrong, but we also do not believe that our own is right or wrong. Our goal is not to prove something; however, we believe that if we only have this one life, we should enjoy it and generate

positive energy or steer it in positive directions. We may only have this one life, so why should we dictate to others how they should or must practice their faith? At the same time, we simply want to live our own faith, which is directed towards ourselves and the energy within and around us. According to our belief, no one is above another.Why should it matter whether one is rich or poor? Why should it matter in what circumstances one is born or forced to live? We are all part of this world, and no one can change that. We are all just a part of time here and must eventually leave. This applies even to our planet, the sun, or the rest of the universe. The question is not whether, but how much time one has. A belief without gods, a belief in beings that punish us for mistakes or demand obedience or even submission, is foreign to us. If they are gods, why do they need us to believe in them? In some cultures or religions, people believe in gods that demand obedience; in others, they believe in those that require fear or unconditional faith.Gods or similar are in most cases, if not all, always associated with sacrifice, the sacrifice of food, of sex, of material or financial wealth. As far as I personally know, there is no belief system that does not involve some form of sacrifice. Perhaps this is a way to control the believers, or maybe even to manipulate them. In many cases, the leaders of a faith are the ones who benefit the most from it. Generally, one must sacrifice a part or even a large portion of their own possessions to the faith. Naturally, this often depends on the depth of the believer's faith. Usually, it is the case that when one has a deep faith, nearly everything, including their life, is devoted to the faith, its church, their God, or whoever else.The one who practices this faith sacrifices, and then it is said to them, 'You are the most pious of our believers because you have sacrificed everything for us.' However, they do not care that this can subconsciously lead to problems for the person. Furthermore, what exactly is the benefit of giving up everything during the limited time one lives, such as alcohol, food, sex, or other things that make life worth living? And above all,

what if nothing comes after life? A faith without gods may sound off-putting to many, but it is a world where we have our lives in our own hands. There is so much suffering and pain in the world; if one pays less attention to oneself and more to others, things would improve significantly. Faith is a strong drive, but a faithwithout reason is completely contradictory for us humans who consider ourselves so intelligent. At the same time, when one is a believer, one is often

to refrain from various things as already mentioned, the deeper the faith, the more one refrains, especially when one believes in certain divine

Role models are not the case for us; of course, we also want to contribute positively to society. We want to establish our own small community or commune where we can live together and share and practice our understanding of faith. However, we do not require our members to completely give up anything in their lives. There will be a separate contribution regarding this, a manifesto of the commune. We want to establish our own commune; the term 'commune' is certainly familiar to many from the 1960s, where one often heard about hippie communes. A commune is actually not much different from a community, that is, a village where several people live. The idea from the 1960s is not entirely far-fetched when considering our commune.Some points that are important to us in our commune are also from the past.

We have adopted our goals for the commune. Firstly, self-sufficiency as much as possible. We want to be completely self-sufficient, providing for ourselves in terms of both fruits and vegetables as well as animal husbandry. Secondly, naturism (FKK). Since we have our own belief within the commune that is strongly connected to nature and the energy in and around us, we also believe that a lifestyle as free from textiles as possible is beneficial and makes us feel freer. Thirdly, free love. Emotional free love, which in this context does not refer to sex, is related to the relational aspect, meaning it does not matter whether two men, two women, or a

man and a woman are in a relationship, but it also pertains to polyamorous love, meaning when multiple people live in a partnership. I myself am polyamorous, even though I currently have no partners.I have 4 free love; physical sex is an important part of life, not only for humans but also for other living beings. In our community, as well as in our faith, we strive for harmony, and therefore gender is irrelevant. It also does not matter to us what the sexual preferences are; the theme is fun and doing what one likes. Fifth, open conversations are important for a good community; it is essential for us to be able to speak openly about any topic, whether it be love, sex, politics, or our faith. However, it is also important to emphasize that if someone has a different opinion, it should be accepted, and especially to respect if someone does not want to talk about something or with someone. Sixth, the sense of community is crucial, especially when one can be free in body, mind, and soul.A good coexistence is important; one should always be ready to help each other, which is especially important in self-sufficiency. Of course, everyone also needs time for themselves, so everyone should take some time for themselves and emphasize that. Location of the commune: The commune would be easiest to establish in Germany, Austria, or Switzerland, as not only the language but also the laws are similar, making it easier for acclimatization. However, Germany is particularly suitable for this.

a permanent naturist stay is probably too cold in winter, at least outdoors. Possible locations for the commune could be Germany, Bavaria, Baden-Württemberg, Austria, Italy, Spain, Portugal, France, or Holland, perhaps also. Belgium, as there are currently no plots of land purchased or in sight, the choice of location is still open. Important for the correct site is not only a large area of land but also enough living space, storage for self-sufficiency, as well as space for animals and tools. A hamlet or an abandoned village, of which there are quite a few even in Germany, would be perfect for this. One idea regarding living space could also be communal bathing areas and communal sleeping quarters, which would

save space and would likely be a nice idea for fostering community spirit through shared use of kitchens and...

The dining room could already serve this purpose, but communal bathrooms would be fundamentally a good idea both economically and communally. However, since everyone likes to have their privacy, we would offer both communal and private sleeping quarters depending on the size of the city property and personal preferences. The basic idea of self-sufficiency is always easier said than done, unfortunately quite difficult in execution, as we live in a time where both animal husbandry and slaughtering are subject to legal regulations. One needs to have the corresponding knowledge for that, and aside from that, appropriate tools are also required. Therefore, one must decide how to implement this most wisely. The gardening or fieldwork is somewhat... It's simple, although one naturally needs the appropriate tools for this. Depending on the size of the community, machines must also be acquired. Then there is the question of how far self-sufficiency can go, whether spices, fruits, vegetables, and meat can be produced in sufficient quantities to ensure a good life for the community. It is probably wise to organize certain items like spices or additives such as flour in bulk as a community. Milk, eggs, and bread, as well as many other things, can be produced or made by ourselves, but for example, salt must inevitably be purchased. This brings us to another point, but more on that shortly. Self-sufficiency today is made possible thanks to solar panels, water filtration systems, and...Similar to earlier, it is certainly easier when one wants to have a somewhat pleasant life; self-sufficiency is anything but child's play. As mentioned several times, the question still remains: what can one produce, what does one want to produce, and what must one produce oneself or acquire from outside? Things like the internet, for example, cannot be produced independently, which means one is dependent on the world outside the commune, just like with spices and similar items. The question of electricity and water supply is similar; initially, one will have no choice but to

obtain electricity and water from outside. The question is whether it is easier to eventually generate electricity oneself or if it is easier to continuously receive electricity from a provider. The same goes for water; this needs to be addressed. One must reflect and possibly vote as a community on the financing of the commune. The financing of such a project is anything but simple; the majority of all established or planned communes fail already at the planning stage, while others fail in the execution. Out of a hundred communes, at most a handful manage to bear such a burden. This, of course, comes with its own challenges. It depends both on how engaged the members are and how well the planning is developed; it is far from sufficient to have a large property if it cannot be utilized. Similarly, having a large group is of little use if the property is too small. Furthermore, in a self-sufficient community, a lot of time is lost in managing the production of essential resources. Some things are harder to procure than others, such as water or electricity, but that falls within the realm of self-sufficiency. One idea for our commune would be if we could establish our location.

For example, in an area where people like to vacation, we could offer a part of our property as a campsite for tents and RVs. A related idea is a small restaurant or snack bar where people can sit outside as well as inside and enjoy good food. In this way, we could generate additional financial resources, and to ensure that this aligns with the concept of the commune and the faith, it would be a naturist campsite, which means we can welcome people in accordance with the commune's values. This way, we might even find more members for the faith and the commune. Thus, this would be a good thing for the commune in three ways: we earn something to sustain the commune, we have the opportunity to meet new people for the faith, and we promote the commune's principles.To attract the community, one can promote the community itself, whether it be for the faith, the community, or the camping lifestyle within the community, as we have a

The commune aims to grow as much as possible and to exist even after us.

Families with children or those who wish to have children are, of course, an important point. Without people who will carry on our beliefs and our commune, it will inevitably decline. As mentioned, self-sufficiency is crucial for the commune, which also means that everyone within the commune must help and contribute. Open communication is a good way to create positive energy. In our commune, we will use cryptocurrency to facilitate transparent and equitable exchanges, ensuring that all members contribute and benefit fairly. Crypto eliminates the need for intermediaries, aligning with our belief in direct energy flow. If we do not stick together as a commune, the end of the community is already predetermined. The point of free body culture (FKK) is also important in several ways. Our belief in the energy within and around us is connected to a free spirit and a free body. Free body culture, or FKK, is something that also demonstrates our connection to nature.In other words, clothing is sensible to protect oneself from cold or heat or other physically negatively influencing things, but we were all born naked, and clothing acts as a barrier between us and our natural environment. Wearing clothes can be sensible and even important for protection; however, one should have the freedom to live without clothing. In the commune, it is not strictly mandatory to be naked, but it is encouraged, as it allows one to better absorb and feel the energies around them. Moreover, it is indeed healthier. Aside from these points, an important aspect is free love, both emotionally and physically. A renunciation of love or physical contact, whether sexual or not, leads to... Frustration and negative energy flow do not matter whether it is one's own or the other gender; both emotional and physical contact with one another is important for a healthy social environment for oneself and others. Of course, one cannot force anyone to be with another person. to enter into a connection, and one should not do so as it also leads to problems. The point that is important to us as a commune is that we treat each other with respect and decency. The topic of emotional love, emotional love, meaning

a strong feeling of belonging, is different for everyone. The majority of all People tend to seek a partner and enter into a relationship; not a few of these couples separate over the course of their lives because they have met someone new with whom they feel a stronger connection. Love, when viewed soberly, is a feeling that, especially in the initial phase, triggers strong emotional responses. Over time, everyday life sets in, and while the feelings are still present, one may feel they are weaker. Couples consisting of two individuals separate at least three to ten times in their lives. Couples consisting of three or more partners do so much less frequently, although, as far as I know, there are no official statistics on this. Regardless of whether this is the case or not, the monogamous relationship form is something nowadays.outdated, although many cling to it, even though the polyamorous relationship model has existed for a long time, the term only emerged in the 1990s. It is important to note that a polyamorous relationship is not the same as an open relationship, although a polyamorous relationship can also be conducted openly. It is much more a relationship in which at least one, if not all, participants engage in both physical relationships with each other and with multiple people. Regarding physical love, I will say it quite openly: I personally would like to establish a love commune with you, where we can engage in sexual activities in groups three to four times a week, perhaps even more, and have physical fun together, in a typical 1960s hippie style. However, I doubt that such a thing can still be widely accepted in this modern world.Nevertheless, I would like to establish a commune with my faith that at least partially approaches this. Therefore, I wish for the commune to include people who seek a correspondingly free spirit and lifestyle regarding faith, love, and sex. The physical aspect of love is not only about sex; physical touch in general generates emotions and energy, or ensures that energy is used positively, which is precisely what is important according to our belief. A happy and free life with a free spirit and body can only be achieved when one has people who feel the same way. Sex is an important

part of life, without which life would not even be possible. I have spent my time. ..I have never understood why the topic of sex is such a horror for many, why they are ashamed to talk about their genitals or those of their partner. What is so bad about liking it soft or harder, as long as both have fun with it?
Everything is fine. In addition to shared activities like cooking and other communal activities that arise within the commune, there will also be community projects planned throughout the year, such as a small summer festival, hiking, and other things. One should always have and enjoy fixed holidays alongside work and private life. Apart from that, once there is a stable structure in the commune, for example after 4 or 5 years, one can also regularly have days...
the open door or something like that where we can invite interested people to the commune and let them take a look since the commune is generally intended to be a self-sufficient community, there won't be much communication outward.
In any case, that would be the basic idea. Children and young people in the commune, as previously mentioned, we are looking for families with children in addition to individuals or couples. Our commune should also be able to grow or at least maintain itself after us, so it is important to have or get children within the community. Now, many may see this as a problem regarding free love and free body culture. We have a clear opinion on this: children are of course excluded from the topic of sex as long as they are under 18, which goes without saying. The topic of nudism is something that is left to the parents and children themselves; on the one hand, it is about the feeling of freedom, and on the other hand, it is related to the belief regarding laws.As far as laws are concerned, no problems are expected here since nudism is open. As mentioned, the topic of sex is clearly separated from children. It is sad that this has to be mentioned at all, but that is unfortunately our world today. Furthermore, we also want to ensure that children are provided for both educationally and in terms of freedom. Educationally, since we want a self-sufficient provision, it is somewhat more difficult, and we would have to deal

with that at the time when there are families with children. In principle, however, it is up to the parents to send their children to nearby schools. However, since the school system in Germany currently wants to hold more children than it has, we do not think much of the established school system.

On the other hand, it does not mean that children will want to stay in the commune when they are old enough, and thus a proper education is also important. Since there are currently no parents with children, this topic is only theoretical, but we will also address it in a timely manner should the need arise. Regarding activities outside of school activities, we will do everything we can to create a playground and other recreational opportunities. Since the commune will hopefully have some members, we hope that one or two people will always be found to take care of the children and engage with them. Minimum age for the commune, well, one would think the minimum age for the commune is 18.or then with parents and/or guardians. In fact, we would like to raise the age to 22 to 25. The reasons for this are quite simple: we primarily want people who can find their way in life as adults and not just join the commune out of a whim. Furthermore, we do not want members in the commune who will say after a few weeks, 'This is not for me, I'm leaving.' To briefly mention, we will probably set three to five trial months for new members. On the one hand, our community must be able to cope with new members, and on the other hand, new members must know what they are getting into.

Life in a commune is not all sunshine; especially the point of self-sufficiency will present some challenges.Work demands, apart from that, a self-sufficient community that is as far removed from other things as discos and

Similar things will not have a lasting appeal for many under a certain age, but there are always exceptions. The basic rules of our faith: every society needs rules, whether it is a community or a religious group; our

faith is no exception. Of course, there are fundamental rules and laws depending on the country in which one is located or lives. The basic rules of our faith are currently being adjusted and supplemented over time as necessary. Since our faith is still in its infancy, our rules are not yet suitable for the masses, although we hope that, in the spirit of our faith, as few rules as possible are needed. There are rules that are obviously worth mentioning and those that one should not actually mention.should be mentioned.

Basic rules of our faith: First, free will. No one is forced to do anything they do not want to. Second, freedom. As long as no one suffers and is harmed, almost anything is allowed. Third, community. Our togetherness is important to us. Take a few hours each day for your loved ones. Since every person is different, decide for yourselves how much time, but you should spend time together every day. Fourth, solitude. Just as togetherness is important, everyone also needs time for themselves. So take time for yourselves as well; how much is up to you. Fifth, help for all. We do not consider ourselves superior or inferior; we help anyone who needs help as long as it is within our power. Sixth, godless belief. We believe in neither gods nor similar beings. We are no different from other animals, yet every life is valuable, whether it is an animal, a human, or a god. Life has no price tag.Seventh, remorse. Those who harm others must apologize and make amends. Eighth, punishment. If you have harmed someone, let that person decide how you can make it right, but you should not harm anyone else or yourself in the process, as that would make the other person guilty. Ninth, equality. Life is the most valuable thing, whether it is a plant, an animal, or a human; everything has a soul, even a stone. Tenth, balance. Some abstain from meat, while others eat hardly anything else. Some renounce worldly possessions, while others cannot get enough. Extremes are harmful; try not to abstain from something, but do not be greedy either. Eleventh, equal rights. In the past, women were not equal to men; today,

fortunately, they are almost everywhere. It does not matter whether you are a man or a woman; it also does not matter whether you have a vagina or a penis. You must feel comfortable in your body. Twelfth, free bonding. Man and man, woman and woman, man and woman, or even multiple partners within a relationship; it does not matter whether you want to bond monogamously or polyamorously. You do not have to bond at all; just be careful not to harm each other. Thirteenth, free body. Spend a few hours each day naked; it is healthy for your body and good for your...Self-awareness, this has even been proven. A free spirit decides for itself what constitutes its free spirit. For everyone, spiritual freedom means something different. What does a free spirit mean to you? Take the time and think about it every day. This is a brief summary of our basic rules.

Every community needs rules; it is sad but unfortunately a reality. Just like in our faith, the same rules apply to our commune. However, since many additional rules apply to the commune, and surely everyone would like to know what they are, a separate page for this is almost unavoidable. The fundamental rights of individuals or the laws of the country naturally count for us as well.

Basic rules of the commune: First, equality; no one is more or less valuable, whether child or adult. Second, support; we are few, and to realize our dream, we all need to pitch in. Third, community; besides shared meals and work, there is also shared leisure time. Fourth, togetherness; we have no secrets from each other. If someone has a problem, they can talk to anyone about it, and we will try to solve these problems together. Fifth, sex; aside from children, which is understood on its own, everyone should be able to enjoy a free sexual relationship with one another. Monogamy is certainly not a problem, but the goal of our faith and commune is freedom, which includes sexual relationships. Therefore, you should have an open understanding, but no one must do what they do not want to.Sixth, open doors; since we share everything as a community, no one should feel the

need to lock their doors. Courtesy, such as knocking, is left to individual discretion. For example, if someone enters another's room, it is up to the room's occupant to decide whether someone should knock or not. Seventh, meetings; since we make decisions together in the commune, everyone who is allowed should participate in meetings. This means that every permanent resident of the commune can be present when new members are voted on, but they cannot vote. Eighth, money; since the commune is still in the founding phase, nothing specific has been established yet. However, it is planned that all who wish to live in the commune will bring their possessions and may take a previously agreed-upon amount with them upon leaving. Additionally, it is planned that within the commune, both material and financial possessions will be shared. More will follow, but these are our rules for the beginning.In our goals, you will find what we want to achieve and what could eventually turn from hope and goals into rules. Rules for the campsite and communal area: fundamentally, we do not want to establish too many or complex rules. We always assume that everyone has had a reasonable upbringing and knows what is right and wrong. Nevertheless, there are some things we feel obligated to address.Naturism and nudism; since we want to lead a mostly clothing-free life in the commune, we would like this for the planned campsite as well. However, we do not want to forbid anyone from using our offer if they prefer to remain clothed, so a few rules are necessary. Ultimately, if it comes to that, the entire commune must decide whether we create a purely naturist campsite or a half naturist and half textile one. In the first case, this should not pose a larger problem since it is clear from the outset that clothing stays at home or in the...

The caravan tent at the second option is clearly established; when entering the commune grounds, the coverings will also be dropped. The reason for this is simple: anyone who has ever used a nudist beach or engaged in

similar activities knows the gawkers—people who only stay clothed at the nudist beach or campsite and observe those who are naked, staring at them. They do not want to be looked at but want to look. Since this can quickly lead to discomfort, we want to avoid it from the outset. Unlike a separate campsite, where people might be clothed, in the commune, everyone will likely be naked all the time. We want to prevent people who are only there to gawk from having access in the first place. Experience shows that people who are themselves naked tend to respect others.naked much less why also when you get used to it everyone who has done it can confirm that you no longer pay attention to it at first you notice it then you hardly react to it in the commune you don't have to be naked 24/7 although it is of course desired for the sake of fairness but there will always be situations where you have to wear clothes whether for hygiene or safety reasons basic rules as mentioned we do set a reasonable
A nursery is ahead, but still, a few basic regulations should be summarized; everything should actually be self-explanatory, but well, others will be treated with respect. Anyone who harasses others will face legal consequences; the same applies to theft and other criminal offenses that violate the law. The site rules, which are posted at the entrance and at certain stations of the camping area, must be observed. It is not necessary to list all the rules and laws, as normally one knows what is allowed and what is prohibited. Our commune is not a place without rules; some rules apply to our area. It is not important as long as you do not harm anyone, including yourselves; you usually have nothing to fear. Founding members of the commune are sought, as I am unfortunately still alone at the moment.for others who are interested in founding the commune with me, the following are not mandatory conditions, but it would be beneficial for everyone involved.
Community life, no one can do everything, and together we are strong; this is one of our mottos. The things that are truly important but are difficult, if at all,

to learn would be sympathy. When one does not understand, working together becomes difficult, not to mention living together, and can even turn into a nightmare. Fundamentally, I have personally experienced that sympathy can indeed arise when one makes the effort to better understand the other person. Each of us has worries, fears, and problems; no one is perfect. When one understands this and makes an effort to understand the other, one can also learn to accept them. This is not the same as sympathy but can, in the long run, lead to at least a reasonable relationship or even sympathy. Relationship not in the sense of...Love or sexual relationships, but rather acquaintances. Since we want to create a pleasant environment for as many as possible in the commune, sympathy is extremely important. This is even more true for all those who are there from the very beginning. Those who join the founding of our commune will likely be asked for advice more often than others, which is only logical, because who knows... Better informed about the commune than those who have been there from the beginning, the commune should be a place where people, especially those who do not fully conform to what is generally considered normal, can feel at home. It is important to us that our members are open-minded, especially regarding nudism and freedom in love and sexuality. This does not only refer to polyamory or open relationships but also includes homosexuality and bisexuality. Of course, one does not have to be either of these, and it is perfectly fine to be in a heterosexual monogamous relationship. However, as mentioned, it is important to us that there is an open-minded approach among members, whether they are women who love women, men who love men, or a gender that loves both genders.This refers not only to the soul but also to emotional closeness. Every person, regardless of gender, size, or weight, has their value. Furthermore, it is important to accept yourselves just as you accept others. In addition to social understanding and acceptance, we naturally need people who are knowledgeable or willing to learn about various things that can help the community, from agriculture to animals and beyond.

For practical matters, we need people with talent or knowledge and a desire to take action. As mentioned, no one has to be able to do everything, but the more skills one has, the better it is for everyone. However, I want to emphasize that no one should have to work themselves to death. One of our principles is that alongside work, relaxation is also necessary. Therefore, it is beneficial to have more people who can engage in various activities, not so that they work more, but to ensure that all areas are covered. We definitely need people who are knowledgeable in agriculture and forestry, preferably also in animal husbandry. Especially in the beginning, we will surely rely on many things from... We have to buy and procure from outside, but since we eventually want to live as self-sufficient as possible, it is important to generate as much as we can ourselves; the more we produce, the less we depend on external sources. We might even be able to earn some money here and there with surplus items. Since a commune has tasks that may not be immediately obvious, I would like to address the topic of finance and bureaucratic matters. Personally, I have little to no knowledge in this area, and I absolutely lack the mindset for it, which is why I already have problems with the simplest things. Therefore, in addition to knowledge about land and forestry, it is also important to have members who are familiar with things like cooking, cleaning, or similar tasks.If it comes to that, it would be good to organize it in such a way that a kind of plan is established where everyone gets a turn. This way, no one can complain. What we wish for is actually quite simple: we would like to bring people into the commune who have fundamentally similar or the same views. Many topics in the commune, as well as our beliefs, are difficult or even impossible for many people to understand. I don't know if there are many people who feel like I do, feeling isolated and excluded just because they have different values, ideals, or worldviews. Facing this seemingly lonely world is hard. I have often been an outsider since my youth.

In later years, it did not get any better, which is why I made many attempts early on to find people who think similarly. I do not wish anyone any harm; on the contrary, I admit that my ways are often wrong or misguided. Nevertheless, I do not give up, which is why I am looking for people who feel similarly and might want to take this step with me. Of course, there is no guarantee of success, but if you do not try, you will never know. You can contact me if you are interested through the comment form or this email: free.loveandpeace.communen@gmail.Of course, you can also write comments; these will only be published after a personal review by me. You can also provide your contact details and mention that the comment should not be published, although comments with

Personal information is never published anyway. Love, peace, and freedom. Since I was a child, I have wondered what freedom is and how to achieve peace. I believed I knew love through my parents and family, but today I believe that peace and freedom can only be achieved by confronting some uncomfortable truths. Some learn this early, some later, and others never. Normality is an illusion; the same applies to good and evil or other concepts that can only be applied to masses of people. This also applies to perfection. All of these and many others are concepts that cannot be applied to individuals. Normality—what is normal for me? It is normal for me to be bisexual and polyamorous. However, for the general public, I am considered different and even abominable. The very idea that I have sex with men repulses many, and that I also have sex with women is often overlooked. For them, I am gay, but that is not correct.As for polyamory, for those who do not know, it means wanting to live in a loving relationship with more than one person. For a long time, I believed that I could only have one lifelong love partner, but that is not the case. Naturally, jealousy is always a problem and a topic that one must deal with to a certain extent. I have had emotional and sexual feelings for several people at the same time; for me, that is normal, and there are many others like me for whom it is equally normal. However, for the majority of people, it is not. Am I therefore not normal? But I am. I am normal. I know

someone who is homosexual; for him, that is normal, and for me too, because it is normal for him. But for many other people, it is not normal. In the past, people who preferred same-sex partnerships were even persecuted; in some countries, this is still the case. Although many people today are fortunately more tolerant than they were 20 or 30 years ago, it is still not considered normal.The reason for this is simple: normality must be something that appeals to the masses. In other words, normality is only normal when the majority of people see it as normal. Both homosexuals and bisexuals, as well as polyamorous and other forms of love and sexuality, are indeed in the minority. Good and evil, similar to normality, is also a concept that should primarily be viewed from a mass appeal perspective. However, it is a little different here.

Unlike normality, good and evil are concepts that can be more subjective and vary greatly depending on cultural and individual perspectives.

In terms of normality, there is a small point that must be considered, which is the perspective. An action, regardless of being good or evil, can be viewed from multiple angles. Perspective one: the perspective of the victim of an evil act. Perspective two: the perspective of the perpetrator of an evil act. Perspective three: the perspective of the observer of an evil act. These are just three perspectives; there are others, such as those who hear about it from a third party, meaning they are informed by the victim or witness, or through the newspaper, etc. But these first three points are what we will focus on. Let's take a classic example: someone who sells drugs. From the observer's perspective, he is seen as the evil perpetrator, while from the victim's perspective, the consumer, he is seen as good.Whether he is good or evil also depends on the personal viewpoint. The dealer himself sees neither himself as good nor evil, although this certainly also depends on the individual's attitude. Let's first consider the dealer from various perspectives. He is someone who needs money because he has a family or debts. He has no other job options, or those available do not provide enough money. Especially in today's time, from the observer's perspective, he is still the evil one,

probably for some, but certainly not for all. Then there are also those who are simply greedy for money and find it exciting to make others addicted so that they have customers. These are certainly individuals who could be considered evil. Now, the customer is the victim ofdrug use, who may have even been intentionally made into an addict by someone. Is he evil because he takes drugs? Most are not evil but rather sick, and the majority have been made dependent by others for their own benefit or have become so due to peer pressure. However, there are many who, because of this addiction, do things like steal or worse. The person often cannot help it; he often only thinks about the next dose or whatever he is consuming. He is therefore more of a victim. Of course, there are also many who say it is his own fault, but that is too simplistic. From the observer's perspective, in this context, it is up to you: is the dealer or the customer good or evil? You see, good and evil are not always easy to determine; it is a questionof perspective. Furthermore, it does not mean that what is evil for one is evil for all.

It is a difficult concept of perfection.

Perfection is just like normality; it is quite easy to determine. Perfection is also an illusion, as everyone considers something different to be perfect. An example can easily be made with food: someone drinks their coffee black in the morning, another with milk, yet another with milk and sugar. Some prefer it black with sugar, or instead of milk, powdered milk, or instead of sugar, a sweetener. Others pour in a shot of liquor, or cream, with or without sugar. A friend of mine drinks it differently every day, something that drives his girlfriend crazy and makes me laugh. For me, perfection is unrealistic and an illusion; how can something be perfect when it is imperfect for someone else? In conclusion, I would like to talk about love.Love is something that, as I believe, can be learned. In short, love is a strong emotional, and often physical, desire for another person or several other people. It may sound unromantic.

But when one looks at it realistically, love is nothing more than a chemical

process that causes dependency and/or strong desire in the brain. Why can love not be viewed as just that? Love can certainly be learned, but it is more than just the emotional bond between two or more people. Likewise, love cannot be reduced solely to the sexual desire between two or more individuals. Love utilizes energy within us and also that which is shared with others. Together, one is capable of more than alone. One can fall in love with people they have never seen in real life if they spend a lot of time with them over the internet, phone, or similar means. Of course, why shouldn't that be possible? Love often also has to do with the physical attractions of those involved.However, doing is not necessarily about physical attraction. Some people place more value on intellect and understanding, while others prefer different qualities in their partners. Is love possible without physical contact? Of course, there are people who completely abstain from sex, or at least from sex with others, whether consciously, out of disgust, or for entirely different reasons. There are also individuals who cannot tolerate any sexual contact. To add a bit of romance to the discussion, so I don't come across as emotionally cold, I believe that love develops over time, like a fire that grows when fed; it can also extinguish and die if neglected. Nevertheless, I believe it is not solely about the physical process, whether in the brain or lower regions. I have certainly already...I have been in situations where I fell directly in love with someone without knowing anything about the person. I believe that people who are emotionally closer to us can evoke stronger feelings within us. I will write more about this another time, but just to add, when we are emotionally and spiritually similar, it is easier to nurture love. On the other hand, if we are too far apart, even the smallest things can demand impossible efforts. Nevertheless, love is possible for these people, but it requires new efforts every day. Love demands attention. Are you in love, or do you love? That is a drastic difference. I wish for you to find true love. If it is true love for all involved, then it becomes easy for everyone, whether monogamy or polyamory, if both are present.While both have their advantages, both also have disadvantages. A

monogamous relationship form is often already difficult and stressful enough; a polyamorous relationship has, in addition to the usual relationship problems, the extra stress factor of jealousy. However, this depends on the individuals within the relationship. It is clear that relationships, which already come with typical problems, often come in a polyamorous double pack.

Assuming there are only three people in a relationship, there can be more partners as well, since in polyamorous relationships one does not limit oneself to a specific number of partners. Although some believe that one or more partners can also strengthen a relationship, where problems may arise between two partners in a monogamous relationship, an additional person in a polyamorous relationship might mediate and thus resolve conflicts. Of course, the opposite can also happen, and suddenly two may turn against one. Relationship problems among people are likely as old as humanity itself.

In addition to the usual relationship problems, jealousy is naturally a major theme in polyamorous relationships. Since every person is different, everyone deals with situations differently. There are people who feel no jealousy at all, which can have various reasons, but is usually due to strong self-confidence.

The same applies to a lack of or poor self-confidence. A couple of friends of mine took in another woman into their relationship a few years ago, and later even another man. He, who always had poor self-confidence, initially fell into a mild depression. After a while, the others noticed this, and contrary to what one might expect, they helped him out of it. His self-confidence was greatly boosted by this, and today they live happily together as a trio. Jealousy was a significant problem for him, but when he realized that there was no reason for it, as all parties loved him just as much as they loved each other, it changed him.

A monogamous relationship is the norm and is considered normal, unlike polyamory, which is viewed as less conventional. Typically, a monogamous relationship involves two different genders, namely a man and a woman. However, monogamous marriages also exist not

only between two but also in same-sex partnerships, whether gay or lesbian.The main reason why monogamous relationships are seen as normal has to do with the instinct for reproduction. The female is viewed as the property of the male, well, or something like that. Joking aside, it is considered normal because children, or offspring, can only be produced between two different genders.

Jealousy, at least currently, has something to do with survival instincts and reproductive instincts. Genetically, we humans are programmed like animals to reproduce as much as possible.

The preservation of the species means that both females and males have developed different strategies. Males are programmed to father as many offspring as possible, essentially to mate with as many females of their own species as they can. Females, on the other hand, choose the strongest male that promises them the strongest offspring. In plain terms, this is why many men find it difficult to commit to a partner long-term, and why women often choose the biggest jerks. This is how nature works. Of course, this is all viewed very soberly. In short, jealousy is a natural instinct and occurs, although not only in love and sexual life, but is a general survival instinct. You have surely heard of food or feeding envy. Envy, which is just another word for jealousy, refers to someone becoming jealous of what another person has. However, in humans, this feeding envy is not as pronounced as it may have been 10,000 or 20,000 years ago. There is hardly any reason for it, although not everyone can simply go out to eat when they are hungry. By the way, feeding envy is also responsible for when you see someone eating and then crave the same thing. In romantic relationships, jealousy is often a topic where many fail, especially due to jealousy. Relationships either end because one partner leaves for someone else or jealousy becomes a problem between partners.

If jealousy is a natural process, can we do anything about it? We humans, and I always have to laugh at this, are more intelligent and advanced than animals. I really see it this way: we humans have weapons just like animals. A lion has claws, a snake has its strength or venom, depending on the snake. We humans have our intellect. It is no different from the venom of a cobra or the teeth of a tiger, just different. Every animal has weapons, and we humans are no exception. We have one with which we could achieve so much better, but we are still more animal than human. We are, like all animals, instinct-driven; at least most of us are, whether it's sexual drive or our curiosity. Even bullying is only what it is due to instincts.Some instincts are unfortunately poorly developed, such as our sense of smell. Some people train their senses, but we are still just humans. Many instincts we have lost because we no longer needed them for survival. Other instincts are surprisingly well developed. Nature is great; if a living being no longer needs a certain function, it will be changed sooner or later. Whales were originally land animals; the ancestor of the whale went into the sea and never returned to land. Consequently, their legs transformed into fins. This is, of course, easy to say, but in reality, it was a process that took many thousands of years. As an example, humans have the appendix; at some point, humans were purely... Herbivores had the appendix, but I don't want to digress too far. As we transitioned from herbivores to omnivores, the appendix eventually became unnecessary. Jealousy itself is not an instinct, but it is caused by an instinct. Even if one is polyamorous or chooses to be, one is not automatically free from jealousy. However, one still tries to build relationships with multiple partners, and building relationships requires effort, time, and especially dedication. There are a few tricks to counteract jealousy, and I will make a post about that in the near future. Now, I would like to conclude by returning to the main topic: monogamous or polyamorous relationships. Perhaps you have already noticed, but I...I do not want to win you over for

either one or the other; I also do not want to create any rankings or anything similar. To be precise, I made this post to simply show you different perspectives and perhaps inspire you to engage more with the topics. Even if you have been in monogamous relationships, you should perhaps reflect a bit on the actual topic of monogamy. Does it really suit you, or is it more something you engage in because it is expected? The same applies, perhaps with the exception of the last point, to polyamory. Ultimately, you should always keep one thing in mind: no one has to lead your life except for you. Even your parents cannot dictate whom you love or how many you love. Respect your parents, but they do not have to lead your life for 60, 80 years, or even longer. Remember, your life belongs only to you. Freedom of body, mind, and soul is different for everyone. Some may be called free spirits because their ideas and ideals differ from what is generally considered the norm.

Deviation can also refer to actions. Free spirit is particularly a term for artists or people with an artistic background. Others only feel free when they can spend a lot of time in nature. Living in a house or spending a lot of time indoors is simply uncomfortable for them; they feel trapped or confined. Still, others prefer to move as naked as possible, whether at home or outdoors. The problem with this form of freedom is that the
It bothers the general public when they see a naked man, a naked woman, or especially naked children running around. When something happens that is generally considered abnormal, most people get extremely upset. This behavior is completely absent in our community and our belief. What is so wrong about someone jogging naked? It is healthier, it is more natural, and above all, if the person feels comfortable with it, it is better for their self-confidence. In general, people who are different are often only tolerated on the fringes of society, if at all. The news of the day is precisely the last point: the free body culture or generally being naked, whether in FKK (Freikörperkultur) or nudism, is actually

the normal and natural state when you think about it.What I see is clothing that is worn not for protection but for the sake of covering up, which is perverse. Even though many see those who walk around naked as the perverse ones, it should be the person who wears clothing that is considered perverse, logically speaking, since we are all born naked. Being naked is the most natural state one can achieve. For us, clothing is indeed sensible, but only when used for the purpose for which it was created: protection from, for example, heat, cold, or injuries, and similar. In short, clothing serves the purpose of protection. Many critics of nudism and naturism will probably claim or say, 'What if I want to protect myself from unwanted glances?' Unfortunately, there are voyeurs.Even when one is dressed, people are often stared at; especially women can confirm this. It should be noted that while there are indeed gawkers, in general, people are looked at primarily when they are naked. It is logical that one is stared at, especially when naked, because one presents oneself differently than what most are accustomed to. Most people are shocked by this, and although many condemn it, many feel compelled to look. There is hardly anyone who would not be looked at twice if he or she walked down the street naked. When someone is naked, it stands out just as much as if someone has a striking hair color, is tattooed from head to toe, or otherwise deviates from the norm. It's actually funny, because it is natural.It is considered that everyone falls out of the norm of clothing simply because it is unnatural; however, it is seen as more natural to cover the penis, vagina, breasts, and/or buttocks than to show them openly. It is generally said that the spirit is free, but in reality, one is indoctrinated from a young age about what to think. In darker times of German history, hatred towards certain groups of people was instilled; the same applies to a large part of the world when there were no laws against slavery. Fortunately, today there are more freedoms due to laws, yet it is still... In Germany or abroad, from a young age, certain thought patterns and behaviors are trained, whether in daycare, kindergarten, school, or generally in

later life. For most people, this is even possible without any issues, unfortunately one must say. Nevertheless, there are not a few people who are free spirits, and even if the majority is still in the majority, others become free spirits only later because they break out of the cage that is called normal society, mostly due to work stress or the feeling of being trapped, whether physically or mentally. The suffocating feeling when one does not even know why one feels bad is terrible. We will delve into this in another post. I hope I was able to convey this to all of you.Provoking thought, and I hope you are open-minded about judging someone for thinking or acting differently than what is considered normal by the general public is quite foolish, especially for beings like us who consider themselves to have developed to a certain extent and possess intelligence. But I have already mentioned this. Emotional closeness, probably not everyone knows it as not everyone perceives it, but those who do should understand what I mean. Emotional closeness is when you feel drawn to someone from the very beginning; some people you absolutely cannot stand, while others feel a connection with another.
inexplicably attracted, which is often one-sided, while others fall in love at first sight for the rest of their lives, feeling spiritually connected. Some may fall head over heels for someone else or feel unexpectedly drawn to another person. Many are familiar with this type of attraction, where gender doesn't even play a role. Men who have absolutely no homosexual or bisexual tendencies may feel particularly drawn to one or two friends. It is not an attraction based solely on sexual desire, but it is still significantly stronger than a normal friendship. Presumably, there is simply a closer spiritual connection.
Other men tend to be reluctant to talk about such things, which is simply due to the fact that men are raised in a way that a friendship among guys does not cross certain boundaries. This is primarily a result of societal norms that impose such strict limits. I want to emphasize again that a

strong attraction does not always have a sexual character. Many people immediately think of sex or something similar when they hear about strong attraction. Fortunately, boundaries are more relaxed today than they were, for example, 40 or 80 years ago, although not in all parts of the world. Regardless of gender, such an attraction, as mentioned, is not necessarily of a physical nature. Jealousy can still arise here; it is again one of our usual instincts.People who do not want to share what we love still experience physical attraction in many cases. I once spoke with someone who told me a story about himself and his then-best friend. They had known each other for decades, both are attracted to women, and neither of them ever had a tendency towards men. Of course, many conceal this and do it secretly. At some point, they even made a post about it. However, the two of them did it together once. According to him, neither of them regrets that evening, which was said to have lasted a long time.

He has told many people that sex is often given too much importance. One can have sex in many ways and for various reasons, such as to satisfy physical needs, to express one's passion physically, to relieve stress, or for some other reasons. At some point, I would also like to make a separate post about this, moving away from the purely physical and sexual aspects.

Fundamentally addressing the spiritual attraction is something that one can hardly approach with reason, but only with feeling and passion. We believe that besides our physical existence, there are other realms; since we have no better word for it, we simply call one of them the realm of souls. In our physical state, we cannot see, smell, or hear this realm; however, one can occasionally feel it, even though everyone has a differently strong connection to this realm, with some being so disconnected that they can hardly perceive it at all. This is a result of our modern times, as we believe. Especially when one encounters a person who is close to them on the other side, this realm, as well as the connection to the other, becomes

apparent.One can clearly feel the attraction that physical contact can evoke; it is enormous. It is hard to explain, but presumably, something like physical contact that we have in our level of existence is not possible in the realm of souls. That is precisely why we long for it so much. Just as there is closeness, there is also distance. If one does not stand well with another in the other realm, or if one simply harbors a grudge against someone, that surely also partially transfers to our physical form—something that can naturally become a problem, especially when one of the two is in a position of power and can dictate over the other, for example, in work or social status. Just like closeness, it is a very strong dynamic.A positive feeling such as affection or even love creates a distance, a remoteness, aversion, or hatred. Everyone has certainly encountered someone they absolutely could not stand; however, the reason for this has never really been understood. One becomes unreasonably angry and does not even understand why. Such a reaction seems illogical, one thinks, or why can I not stand them? I hardly know them. Our mind tries to...

to make it clear that there is no meaningful reason, but as already mentioned, one cannot approach such things with reason; rather, it is the case that one operates on a completely different level, at least in that moment. We humans laugh; we are always so convinced of our superior intellect, believing that we can grasp and explain everything with our minds. At the same time, we always forget the spiritual world around us. One cannot explain everything, nor should one even try. Things happen whether one wants them to or not; simply close your eyes and let yourself be carried along by the flow of energy. The worst is that someone who may have a more sensitive perception of their own or another's soul reacts much faster and becomes angry, which can also happen in close proximity.So to speak, one-sided attraction or rejection; the other person may have a poorer sense or fundamentally feel differently. Even with people who are neither emotionally close nor distant, it happens that

only one-sided affection or aversion arises. It becomes complicated when one person views the other positively and the other negatively. This ultimately always leads to conflict and pain, mostly for the person who feels affection, which is only logical since the person who feels rejection wants to hurt. And especially when one likes someone, it hurts even more to be pushed away.

Even if this may all seem very one-sided, you might be thinking now, how can it be that one person has a positive view of another when that person sees them negatively? It is actually quite logical; regardless of whether in our physical or our spiritual form, we are still individuals. This means that it is completely irrelevant whether someone likes you or not; it does not changeanything about one's own feelings or souls.

Kinship, just as one can be emotionally close or distant, there are rare cases of having that one person with whom one shares a connection on another level. Finding a person with whom to share existence is extremely rare, and especially nowadays, it seems to be becoming even rarer. Personally, I believe this is simply because we humans are gradually losing our intuition. Furthermore, I think, and this is just my personal opinion, that most people have unrealistic expectations of their counterparts due to movies and television. This often seems to be the case, which is why some individuals do not even engage with others. The physical appearance is something that is overly idealized; personal preferences are completely normal, but most people...

People today often think too much about their public appearance, whether someone is, for example, too fat, has a strange haircut, or even has physical disabilities. Especially when someone is not considered beautiful or at least normal by general standards, we are so focused in this modern age on how to make life easier, building more and more machines or gadgets, that we neglect our connection to other worlds and, consequently, our connections to one another. Finding someone who

belongs to us becomes incredibly difficult, if not impossible. We should take a good look at each other; it is not the big things that we love about one another, but the little things, such as how someone laughs.like how someone tucks their hair behind their ear or how someone simply talks, the little things, as I mentioned in a previous post, love can develop, but it needs time and also someone with whom it is possible to develop feelings, and who also develops feelings for oneself. Someone who is emotionally closer is of course better suited for this. In the past, I believed that one must find their soulmate, that there is only one for oneself among billions. Today, I think that just as love can arise between two people, a spiritual bond can also develop between two individuals. Nowadays, we are far too focused on technology and the general normal worldview.overlook everything that actually makes us human, especially a healthy own life, which also requires a healthy soul. However, this is so easily and often hurt nowadays that there are hardly any people who are in a good state of their soul.

Most people can maintain their composure nowadays, even in relationships, while thinking too much about themselves and simultaneously overlooking what would be good for them. It's a silly situation. There are many people who, due to their profession or their social or love lives, drop everything and try to reinvent themselves in another country. If one does that, it's okay; it's good to focus on one's own inner self for a while, as it may help one appreciate others more. At the same time, one should not forget that they might hurt other people who could be lost in the process. Achieving a balance between one's own life, the lives of others, and a healthy mental state is difficult.We live in a world with over 7.9 billion people, and even when I only believed in one soulmate, I always thought about how I could find that one person among so many. Over the decades I have lived, I have had various considerations: either

there is no such thing as soulmates, or perhaps my soulmate has already died or has not yet been born. Who says that one must be of a similar age? Moreover, anyone can become ill and die. I do not believe in fate; if such a thing existed, then everyone would have to be with the partner destined for them. If that were the case, most people would be doomed to remain alone because among so many people, one cannot...not the one that can find the right one more easily than the

The proverbial needle in a haystack is a silly thing. In the meantime, I think that while soulmates do exist, they represent either a stronger emotional closeness or are so rare that in our modern world, more than just luck is needed. It is more likely that one can only find a strong emotional connection if one actively seeks it with their partner every day. As I am polyamorous, I also do not believe that emotional connection must be limited to just one partner. I believe that one can indeed have such a soul connection with multiple people. However, when one finds another person with whom they feel a strong connection, one must not only rely on the other to take care of everything. One should always work on oneself and strive to be the best version of oneself.to be the best possible person and partner for the other, whether it concerns friendship, emotional love life, or sexual love life, one must work on oneself every day. Without positive thinking and action, one cannot achieve or expect anything positive. Heterosexual or bisexual, what is there really to say about this topic? The terms explain themselves, but not what we want to discuss today. Actually, today's topic is more about heterosexual men. Women can therefore read another post if they are not interested, although it might be very interesting for some ladies.

Today, I will write about my own experiences on the subject.

heterosexual men why bi and homosexual is in the title you will understand this over the course of the post however, a brief general statement: of course, this

does not apply to every man or perhaps even woman what I am telling you here is only about those it concerns so if you really feel addressed, maybe take a moment to reflect on why there is nothing wrong or bad about what I am sharing with you you should always be honest with yourself own denial I am bisexual this means that I have sexual contacts with both women and men as a teenager who is just discovering his sexuality I had sexual contacts with boys my age this means we would sometimes masturbate in front of each other or even touch each other up to anal sex now it should be noted that none of us were aware at the time that this is generally not allowed among men we do not want to engage with the question of whether same-sexsex is right or wrong I will leave it at that the sexual contact between a man and a woman is considered normal and not between two men we only became fully aware of this when we were about 15 so we stopped touching each other as far as I know today, the others still seem to have no interest in men, whether purely sexually or emotionally of those we were back then, I am the only one for a long time I ignored my sexual preference for men even thought that I could be gay at the same time, I realized I am definitely into women a confusing time it was not that I was ashamed of it rather it was simply that I thought it was not done since I always thought that oneshould not do that I only started to take an interest in it again at 17 or 18 or better said the desire for men and especially the
The genitalia of this became stronger again, yet nothing happened until I was about 21. Until then, I knew the saying 'a little B never hurts' but I only took it as a funny metaphor. However, I started to delve deeper into the topic around the age of 21-22. The reason for this was a man I met online. At that time, I was registered on a platform where people could chat about sexual interests and meetings. I was chatting with a man who was about 53 years old. We talked about various things, and eventually,

our conversation became sexual. I shared my experiences with him and talked about my initial homosexual experiences. At some point, I received the message, 'Oh cool, I'm coming.'equal and in the

At the moment, I am sitting here at 22 and feeling how I became rigid just from the mere thought that he is sitting there and rolling one out.

As a result, I delved deeper into the topic of bisexuality. He told me that, in his opinion, I am probably bisexual, which sparked my interest in exploring it further. For the past six to seven years, I had been afraid that I might be gay. 'Afraid' isn't quite the right word. When I then informed myself more about bisexuality, it became clear to me that I am attracted to both men and women. Personal acceptance: I have noticed that most people, both men and women, seem to prefer to keep it a secret or find it difficult to share it with others. Many need years to confide in someone, especially.Family and close friends, there are even proper plans on how to recommend some others to focus on them.

Preparing to come out, I made no secret of the fact that I am bisexual after I realized it. Therefore, I never really had a coming out. When I understood what was going on, it was a relief. I have always been open and talked about it normally. However, it should also be noted that I never really made a big secret out of my sex life. I think it is something natural, so why should I make a secret out of it? Almost everyone does it, and nearly everyone has the desire for it. It is nonsense to worry about it. Moreover, hiding one's preferences and desires, especially from one's partner, can lead to frustration, which in turn can lead to sexual dysfunctions. This again shows that one should be open about theirDesires can and should be denial, now the main point of today's post. I have been living out my sexual preferences for more than a decade, meeting men, going to gay clubs or saunas where sexual acts are not uncommon. Over the years, I have often noticed one thing: there are surprisingly many heterosexual men who allow themselves to be touched or stimulated sexually by

men, even having sex, whether active or passive. The surprising thing is that the majority of them do not admit it; they claim to be straight and stiff. I had a friend who was downright homophobic, so anti-gay. At some point, I ended up in one of these saunas, and who stands there under the shower, naked, allowing another man to penetrate him anally.Take exactly the type as mentioned, it is nothing that applies to everyone, but this is just one of many examples, which to be fair is one of the extreme examples. Another time I was sitting in the steam room, and it is not unusual for someone to come and sit next to you, maybe touch you, perhaps even do something with their mouth. In this case, that was exactly what happened; we were alone, and when the door opened, he jumped up as if bitten by a monkey and moved away from me. Then he came back and wanted to continue, but since I had lost interest, that was it for me. Other men in these clubs or social circles have often told me similar stories about knowing guys they meet often, but who also, after having really intense...Men who have sex with men claim they are only into women. Anyone who behaves this way should be more honest with themselves. The problem is that many do not want to identify as gay. Someone who has sexual contact with both women and men is not gay but bisexual. However, many still have in their minds that being bisexual is equated with being gay, which is, of course, complete nonsense. I always describe it this way: I am floating on a slow river in a rubber boat. On the left are women, on the right are men. Sometimes I paddle to the right, sometimes to the left, and sometimes some swim over to me, or I meet other rubber boats. I think it's a nice metaphor. But generally summarized, my dear ones, there is nothing wrong if you are only into one or...Both genders are important, whether it is one's own or the other; what matters is that you are at peace with yourself and do not deceive yourself or others. Also, consider that sexual preferences have nothing to do with emotional attitudes or preferences. Just be honest with yourself and overcome jealousy first and foremost.

There is no 100% guarantee that one can minimize or even completely eliminate jealousy. Not to mention that

every person deals with it differently; it is also a question of one's own self-confidence. I will write down the things I

know, have tried myself, have heard about, or have developed myself in various ways. I am partly a rather

jealous person, but jealousy is only triggered in me when certain things happen. Therefore, I will divide this post into

three points: first, tricks that I know; then, my personal experience; and finally, my own way.

General tips and tricks: We will now assume that you and your partner have already agreed on an open or even polyamorous relationship. The first step is to talk openly with your partner about your feelings, especially when you have met someone else. You should listen to each other and share everything, especially in a polyamorous relationship, as it is not only about sexual but also emotional levels. Being able to talk normally about your sexual exchanges with others is important.With all the involved partners in open relationships, where it is usually purely about sexual partnerships outside of one's own partnership, it is often somewhat easier. Jealousy is also often a topic for many here, but since it rarely goes beyond sexual exchange, it is mostly easier for everyone involved to endure. The reason for this is that if someone absolutely cannot handle it at all, they rarely engage in it. In polyamory, however, it is different. Polyamory is not only or always associated with sexual affections. There are partnerships that have one or two sexual partners and one or two with whom they exchange purely emotionally, but that does not mean that one does not talk to the other partners.It also does not mean that those with whom one predominantly exchanges never have sexual contact; this also depends on the individual relationships. I will also write a separate post about polyamory. As I said, communication is the key to getting rid of or at least minimizing jealousy. It is also

anything but easy, and many do not make progress with it. This also means that you should not only tell each other the beautiful things but also the negative things. You must listen to each other; if you only share the good things but hide the negative ones, it will eventually come to light, and believe me, it will. At some point, your partner will feel betrayed or not taken seriously. It is, of course, never easy to hear negative things or to have to say them.But you can only develop together if you point out to each other what is going wrong and work on it together. The most important thing is really not to turn away from each other but to support one another. Additionally, you should establish loose and firm rules for yourselves and your partners. Loose rules could be...

For example, consider how often you want to meet with one another or all together. Meeting all together is especially meant for poly couples, as poly relationships are not just about sex; this is an important step for you to also meet together. At first, it will feel strange to see your partner with others. You will notice for yourselves how much you can endure and should openly discuss it with each other. For open relationships that are purely about sexual exchange, it also depends on whether you meet individually or as a couple with other singles or couples. A friendly relationship is just as good here as in poly; when you Google things on the internet, you find advice like 'stay independent' or 'take responsibility for your own feelings.' Fundamentally, I think this is always a good suggestion, but it lacks a personal, individual touch. One should take responsibility for their own feelings; how does one do that when the feelings of others are consciously or unconsciously hurt? However, this seems to be a tip for when one is in a different scenario.We are assuming that both partners know what is happening. When it comes to taking responsibility, it likely refers to the case when one partner is jealous and starts to control their partner, which is quite different from what we are

describing here. Feelings are not something you can just turn on and off like a light. Statements like 'stay independent'—what kind of advice is that, and what does it have to do with jealousy? One should always remain independent; living with someone in a normal monogamous relationship and doing everything for the other does not mean that you have to give up or change yourself. Other tips like 'strengthen your self-esteem' I always find good, especially regarding jealousy; you feel more secure and comfortable when you accept yourself better.My personal experience: many years ago, I was an extremely jealous person; that has changed now. I don't know exactly why, but I still know jealousy and can remember how I experienced it all. Perhaps it is due to my current...

the different types of relationships I have experienced since then maybe it's also because I am now older and more self-confident I have now had two open relationships and two monogamous relationships along with a few experiences outside of relationships in the two open relationships I learned that I can manage my jealousy clearly when I have clear rules one rule is for example that my partner should please sleep with others in my presence whether I just watch or should also participate I leave that to my partner since I am not a fan of one-sided rules it also applies to my partners that they can choose whether they want to be with me or not when I meet someone so far the status in open relationships I haven't really had polyamorous relationships in the true sense although the two open relationships I had started to develop into a polyamorous relationship and we even met as a trio andhad fun jealousy had ruined that for me back then however surprisingly it was not my jealousy but rather that of one of the two ladies the biggest joke was that she had a man at home with whom she lived and I was technically just her affair this applies to both women I was just an affair for both for me it was more sad but my bad luck as they say both had a guy at home I was

the toy boy for a change or distraction who knows

I never really experienced it because both had been writing to each other behind my back and practically left me at the same time my personal tips in principle I have already said everything that my tips are one set a few loose and a few firmer rules two be open with each other tell each other when you have someone and how you feel about it how you are doing what you are doing together and how serious it is for you listen to your partners and maybe also try to give tips or advice four not only the positive but also the negative we Listening to stories, perhaps set one or more days a week when you all come together and talk to each other. That would basically be it. If you have your own experiences and ideas, feel free to write comments where you address them and perhaps give your own ideas or tips. As always, honesty is key here, both with each other and especially with yourselves. Only honesty can make your positive experiences together even more beautiful. Sex for relaxation. There are many good reasons for sex; the most obvious is procreation, that is, having children. Other obvious reasons are that humans, like animals, have physical needs. Particularly men face the problem that too much pent-up sexual arousal...Pain in the The genital area can experience issues, so if you have a lot of physical contact with women or even men whom you find sexually arousing, you might find yourself in a situation where you are practically in a state of constant arousal. This is known by various names; colloquially, it is referred to as blue balls or blue eggs, and less commonly as 'cavalier pain' due to semen retention. However, every man has likely heard of it or perhaps even experienced it at some point. And yes, ladies, this is anything but a rumor or something men say to get you into bed, although it must be admitted that there are certainly enough of those. The problem with these situations is that they should primarily be resolved through ejaculation, meaning a male orgasm. While it can go away on its own, it is generally recommended to address it in this way.It takes a long time and is

extremely painful, but today we do not want to go into that. If you are interested, I can gladly write a post about it; just leave a short comment, and I will be happy to write a post for you. Aside from the mentioned reasons, there are also several others, such as stress relief. Many may know that sex releases endorphins, which are hormones responsible for the feeling of happiness. This is also what makes one often feel so good after sex. Not every sexual act is the same, and not every type of sex satisfies everyone.

People need truly bizarre types of sex to find a climax or general sexual release. However, if you find yourself under extreme stress, try to go to a place where you are alone and take care of yourself. The stress itself may not lessen, but you can manage it more easily. There are even cultures that have used sex, both in the past and today, as a general calming agent. Besides the sexual climax, which primarily marks the end of sex, the mere physical contact with a partner can also be soothing. Naturally, this is calming for both him and her, and a climax.

Even better for relaxation, but cuddling naked together alone or simply rubbing against each other is already very good for stress relief. Many overlook that even holding hands can have a calming effect; it doesn't even have to involve a sexual aspect. It should also be noted that it doesn't even have to involve touching the intimate areas, such as the vagina or penis. The mere feeling of bare skin has a surprisingly strong effect, especially when one has been alone for a long time. Humans are pack animals, which means that physical contact with others of their kind is necessary to feel comfortable.

Furthermore, sex provides not only physical relaxation but also emotional relaxation. In addition to the physical stimuli, sex also brings energy.Partners, as well as oneself, merge together; one cannot get closer to another person than when one immerses oneself in the other, everything connects with one another. Today is a shorter post, but I think everything has been said for now. If I should elaborate more, feel free to leave a comment. In a previous post

about relationships, I mentioned that I would like to write about the topic of polyamory. For those who may not be familiar, it is a form of relationship just like monogamous, open, or other types.

Forms of relationships like this are known as polyamory or simply polii, which naturally has its own characteristic features. In a monogamous relationship, there is only one man and one woman, or two men or two women living together. In short, monogamous relationships always involve just two partners. This also strictly applies to open relationships, where there are usually only two partners within the relationship, but one or both partners may have one or more sexual partners outside of the relationship. Open relationships often involve a third man or woman, and sometimes even multiple sexual partners being brought into the relationship. However, as mentioned, this usually pertains to purely sexual matters.emotional life of

In relationships, some do not participate, sometimes due to another open couple; experience shows that this is often because one of the two has bisexual tendencies and therefore occasionally desires sex with their own gender despite having a partner in the relationship. Alternatively, one often wants to rekindle a relationship that is on the verge of breaking apart. I digress, as I often do; I apologize. Today, it is supposed to be about polyamorous relationships. To save some time, I will simply write 'poly.' Now, regarding the topic of typical polyamorous relationships, I have recently delved a bit deeper into poly relationships. In most cases, it seems that two people are in a relationship, and others join the relationship and engage in parallel relationships with the already established partners.In a relationship, the respective other partners who have joined or will join have different levels of priority within the relationship. In a triad partnership, for example, there are two who are in a relationship with each other, and the other partner takes a secondary position. The third person who joins the partnership is only in second place for the others, a principle that

I do not really find good. In a correspondingly large partnership, let's say five people, this can indeed be the case.

It occurs that two couples form within the relationship a fifth person who, although part of the partnership, is in the worst case at the bottom of the hierarchy. This means that he primarily sees the others in their relationships but is more or less left out himself. This is probably somewhat oversimplified, yet I find the very idea somewhat cruel. For me, in my polyamorous relationships, it is a cruel thought that in a situation with three or more partners, one person should count more than the others. Even though I can already see that in this case, I would likely be the one who feels like the fifth wheel, I can only express how I feel about it.

The partnerships I have had, whether monogamous or open, or Puli, have always held equal value for me, even in hindsight and in the case of failures.

In relationships and all the years that have passed, I have reached the point where I do not want to assign a higher or lower value to any of my partners. I love each of my partners that I have had even today as I did back then, and I know that I would not change that with possibly new partners or time.

I do not know if one can still call it a polyamorous relationship; if not, a new name would have to be invented. Perhaps I am the only one who sees it this way. I have always been like this, not just in relationships. I cannot stand it when something is compared or evaluated, whether it is two identical-looking apples or different movies, music, books, etc. Everything is unique; even the two identical-looking apples are not identical.So why compare, and why evaluate? To me, that makes no sense. Uniqueness is beautiful precisely for that reason. Whether one wants to be unique or not, I would still be interested in your opinion and what you think about this topic. Uniqueness should be celebrated and not diminished by comparing it to others. The belief in freedom, the religion for those who have already read our manifesto, is already known. We believe in the energy within and around us, but the name

of our belief is not yet established. The belief in freedom is currently just a provisional name; however, we want to make the name a principle of our belief because that is what we desire and what we believe in: free spirit, free body, free soul, free spirit.To free the spirit is probably one of the hardest things there could be, as freedom means something different for each of us. There is no patent recipe for this. Each of us has a unique path that he or she has walked and will continue to walk. Sometimes paths cross and lead in the same direction for a while; sometimes the paths separate, some for a certain time, others perhaps even forever. Other times, a path crosses only briefly but still leaves a lasting impression.

Some people feel mentally trapped because they are caught in the hamster wheel of their lives, a daily routine of work and private life, with little time for family or personal time, and too little time for their own hobbies. Freedom of the spirit means something different for every person. Some need the closeness of others to achieve their mental freedom, while others need time alone. Some people feel free even though they have a full schedule, while others feel trapped even though they have as much free time as they want. Whether one's own spirit needs to be freed... or not, everyone must find out for themselves. If you feel overwhelmed by life, you might want to consider a change. When asking for help, one should also receive it. Some people even seek psychologists, while others try more esoteric means. Different things work for different people, but even if you have tried one method, there is nothing wrong with trying another. If you are not making progress despite the help you sought, consider other paths you might never have chosen. Sometimes, it can help to simply rearrange your life for a while. Take an indefinite vacation and explore. You should not throw everything away and run away, but you also should not plan too much, especially not if you are someone who tends to over-plan.Freedom means that you should allow yourself to be carried by your own energy and that of others. Take time for yourself or for yourself with others. If you usually prefer

to be alone, do not force yourself into anything, but try everything that seems reasonable as long as you do not harm anyone, including yourself. It is an experience that could change everything for you. Achieving a free body is, compared to the mind and soul, the easiest. However, it does not only mean being free of clothing; it is also about accepting your body and the bodies of others as they are. Nevertheless, we start with being free of clothing, as it is the easiest to explain. If you are inexperienced with nudism and naturism, it is easiest to begin.by spending time naked at home. For example, sit naked on the sofa or at your desk while watching TV or playing games in the evening. Try to be naked for one hour a day at first, then increase that by half an hour to an hour each week. Of course, you can also stay permanently naked in your apartment if you feel comfortable with it. Some new studies also show that moving around naked can increase self-confidence. Once you feel comfortable, you can talk to your close friends about it and explain that you feel good this way. If they are understanding, you can take another step further and ask them if they would like to visit you while you are naked. The reason is that being naked around clothed people can be uncomfortable for you, so ask them if they are okay with being in underwear or even naked themselves. This makes it easier for you and your visitors.To make it easier for everyone, you could also meet them at their place. This way, you can also get used to being naked outside your apartment. If you then feel comfortable being naked together and there is interest in going further, you could also meet with others. There are, for example, nudist clubs, beaches, campsites, or events where you can be around other naked people, at least under normal circumstances. If you want to try other naked activities to feel free, there are even proper naked hikes. However, you must be a bit more cautious about the laws regarding this. There are many documentaries on YouTube about it. Just to clarify, being naked in public is not illegal; it is only illegal if you disturb others with it,

which is called public indecency. However, for example, if you are naked...in public, it is not a crime.

If you stay in the forest and rural areas where you encounter few or no people, you should have no problems with that. A free body means, as mentioned, not just being naked, but also being free from clothing. A free body also means accepting oneself and others in their nakedness. Nowadays, it is considered morally reprehensible for us humans to be naked in public. Many even find it abnormal to be naked in one's own home, house, or property, although it is, of course, each person's own decision. Furthermore, it is much more natural than wearing clothes. Nowadays, an ideal body is constantly presented to us. A man must be tall, preferably with a washboard stomach and tanned, broad shoulders, and narrow hips.Ideally, he should also have a large penis. A woman, on the other hand, should have large breasts, a round butt, preferably in the shape of an eight, and ideally long hair, usually blonde, with a slim figure. I hardly need to mention that the majority of people do not look like this. Now, in the naked state, especially for men, the genitals come into play. Many men, especially at a young age, are told that their penis must be as large as possible. Leaving aside the fact that a non-erect penis says nothing about the actual size, it is complete nonsense. The explanation is that there are two types of penises: the blood penis and the flesh penis. The latter hardly grows when it is hard. The blood penis, on the other hand, can grow significantly when it is erect, even up to three times its size when flaccid, which of course varies from man to man. Additionally, due to all these things, many men and women feel inferior if they do not meet these standards. This does not apply to everyone, of course, so we want people to first accept themselves naked, regardless of whether they are tall, short, fat, thin, athletic, or Being unathletic or different from the description, especially independent of the appearance of the penis, vagina, breasts, buttocks, or generally the body, does not provide any knowledge about the functions of the body or the

character of other individuals. When you accept yourself, you can also accept others. Everyone has flaws in themselves, so no one should be judged solely based on their natural appearance. A free soul is the hardest to achieve, even harder than a free spirit and significantly harder than a free body. But how does one achieve a free soul? In our belief, we refer to the state of feeling completely comfortable as a free soul. When you are calm and content, when you are happy simply to live, you are in a permanent state of happiness.Peace, then you have a free soul; this cannot be explained in words, everyone must know for themselves whether they see their soul as free. One thing is certain: if you constantly feel a constricting sensation, if you always have to look over your shoulder, in short, if you carry a permanent restlessness within you, you cannot lean back and relax, and you are far from having a free soul. You should try to release your inner tension, best by starting with a free mind and a free body. A relaxed world is when you feel comfortable with yourself and can infect others with that relaxation. So far, this is today's post about a small part of our belief. There have also been three additional pages for a few days now, outlining the goals of our belief. and our commune summarized then a small collection of initial rules for both the commune and our faith future hope for the future we have many plans and hopes starting with the hope that we find more people for our cause so that it can even start up to the hope that our faith and commune will still be continued by our children hope has little to do with faith or hope is something that should never be lost since none of us can see into the future we can only work for our future and hope hope for our faith since I am currently still alone I hope that I will soon find people who understand and share my faith I hope that we will have aFind a place where we can best meet regularly. Furthermore, I hope that our faith will not be misused by potential fanatics in the future, as has been the case with practically every other faith. Our faith should stand for peace and

acceptance. It is about freedom, peace, and love in our belief. I hope that our faith, should we eventually have more followers, will not be misused for such things as so many others have been, leading to wars. I hope that our faith shows people a path that is generally less destructive and brings much more harmony and peace. I hope that in our faith, individuals find something they can accept and understand. A faith without divine role models is not exactly common. Hope for our commune.Just like for our faith, we hope to find people who are also interested in creating a nearly perfect self-sufficient commune. We want to find a location for our commune, probably in a warmer place than Germany. One of the reasons for this is that at the center of our belief is also the nudist culture, and in Germany, it would become uncomfortable at least in winter, although it would still be possible. Furthermore, we hope to be as self-sufficient as possible without having to completely isolate ourselves from the outside world. Complete isolation is neither our goal nor good for us. Additionally, some things will inevitably need to be procured, such as flour, sugar, salt, and other spices, as well as internet access and tools for work, among other items.To mention just a few, the planning and hope for our future location has several points that we want to consider. Since we will need money for our commune even with self-sufficiency, we also want to offer something for potential guests in the future. Therefore, there is the idea of a campsite on the commune's land, so that possibly interested vacationers can take a look at the commune for a certain period and perhaps decide if it is something for them.

The community would earn some money on the side, and there are other ideas regarding this, but I will write a separate post specifically for that. The ultimate goal is for the community to secure itself financially. Other hopes mainly relate to our future members; we hope to offer everyone interested a good chance to integrate into our community. For those

interested in temporarily contributing through camping, we might also offer courses in which they can better understand our way of life. Furthermore, we would also like to offer courses for our existing members, where one can engage in meditation or explore the energy within themselves, others, and around us. For this, we naturally hope to have interested individuals in the community when the time comes. Our ultimate goal and ongoing hope is to continue our community across as many generations as possible, so we would particularly welcome people with a desire for children. Well, dear ones, that was just a brief overview of our hopes for our faith and our community. As mentioned, I am unfortunately still alone at the moment, and it probably won't happen quickly.I will post an estimated and desired timeline for implementation in the coming days. Until then, I would appreciate your opinions. Tips for dealing with grief: fundamentally, one cannot give general tips for grief, as every person is different and thus deals with grief differently. Some cry, others try to distract themselves, while some become angry. Some might listen to music, while others prefer to exercise. You see, there are no one-size-fits-all solutions; these are just a handful of examples. I can only tell you how I cope and how I try to feel better as soon as possible.Tips that help me: first, when I am sad, I usually play music. In the past, when it was still possible, I would turn my system up to the max and listen to something that distracts me, sometimes just quietly in the background. The type of music depends on the nature of the grief. There are different levels of grief; sometimes one just feels sad but does not cry, while at other times one howls like a dog, as the saying goes. Sometimes anger mixes with grief, sometimes helplessness. Most people, at least, do not even realize that there are different types of grief. Many do not take the time that grieving or other strong emotions require. Then it can easily happen that one emotion, instead of calming down, is replaced by another, which can be

detrimental to you and the people around you.Everyone has probably been yelled at by someone because they wanted to comfort them but did nothing themselves. In that case, grief was mixed with anger or other feelings that played a role. No single emotion is completely present; there are always multiple emotions that are influenced more strongly by one or the other. As a small tip, check out the Disney movie 'Inside Out'; it explains this well, albeit in a child-friendly way. So, we were talking about tips for dealing with grief. Depending on the type of my grief, I listen to music—sometimes quietly in the background, sometimes loudly. If I am sad for a reason that also makes me angry, I usually play metal or rock. When I am sad because I feel disappointed or hurt, for example, due to heartbreak, which is also a form of...Grief is mostly just some melodrama so that I can really start to cry, and you should also not suppress tears. This tip is especially important for men, and I will write you an extra post for that. Crying is a form of expression for grief; it is good for you and your body when you do.

it accepts and allows you to relax, it may not seem relaxing at first, but if you suppress your grief or other emotions for a longer period, it creates a permanent tension for you and your body. You usually only notice this when you let your feelings flow freely again. Therefore, as long as you don't hurt anyone, you should always accept and show your emotions.

as mentioned, try not to hurt anyone in the process, neither verbally nor physically. Sometimes it's better to distract myself, as I enjoy video games, which is usually my first choice. At the same time, it's often a good idea to just go outside, maybe with music, and simply walk for a while. Don't set a specific goal; just walk as long as you want or need. A tactic that many know is to distract yourself by cleaning up. Cleaning has many advantages; your apartment or room usually looks nicer when you're done, and you are physically and mentally distracted, at least partially. Additionally,

after physical exertion, you can sleep better, which is why walking is also good. Sports are, of course, a good distraction. One distraction that I do not recommend, unfortunately, but many still do subconsciously or sometimes consciously, is eating. Eating can be an incredibly good distraction, but it is unhealthy.because you practically always eat sweet and generally unhealthy things. The reason it is unhealthy is quite simple: besides sweets like ice cream or chocolate, most unhealthy things stimulate the reward center of the brain, leading to the release of endorphins, making you feel better. Not every food has this effect, and those that do have it to varying degrees. One last thing that is not always easy to implement would be sex. Almost everyone who has been in a relationship should know that.

Reconciliation sex has a very simple biological background; the aforementioned endorphins are also released during sex, both through physical contact and through climax. Of course, this is not a panacea, and moving from a sad mood to one where one wants to engage in sexual activity is not always easy. By the way, sex here does not only refer to sex with partners; masturbation, that is, stimulating the vagina, clitoris, or penis, also produces endorphins. All of this is, of course, only temporary solutions to calm your emotions, whether it be grief or others. One factor is especially important: it takes time. Especially in grief, time is crucial. So, first, my personal tips; other things can be read everywhere on the Internet.As already mentioned, there are many ways to cope with your grief. If you are currently sad while reading this, I can only tell you that even if you may not believe it at the moment, you will survive. Do not harm yourself, as that does not make it better. We all have only a limited time on Earth, and everyone goes through tough times. There is always someone who is worse off than you, which does not make it better for you, of course. Try to look ahead. Locations for the commune: Hello, my dears, I thought we would talk today about possible locations for the

commune. Since I am currently alone, I can only give my personal opinion, so I would suggest...

for each country that I propose, pros and cons will be made. In this way, you may see problems that I do not see or have suggestions for advantages that I am missing. In the comments, you can then share your opinion on the topic and possibly even suggest locations yourselves. Before we start with the respective countries, here are the criteria we would need for our commune: basic criteria, as we want to become as self-sufficient as possible, which means with as much... complete self-sufficiency in food, electricity, water, and whatever else is necessary. We need accordingly much land to support our commune. Since we cannot currently estimate how many members we might eventually have, we should choose a manageable number with the possibility of more space if more people join. Since I am very interested in communes and both watch documentaries and read websites and forums, I would say we start with a number of 50 adults with the option to expand to 100 people. This is currently still a utopian number that seems unattainable, but since the commune is supposed to grow accordingly, it is realistic to set it a bit higher. Now, for me, as I am not an expert, it is difficult to estimate how much land...is needed, for example, for vegetable and fruit cultivation to provide for so many people, not to mention animal husbandry and care, since a purely vegan or vegetarian diet is not planned. Of course, there will be options for all who prefer it, but I have never been good at estimating an area based on its size, besides the...

For cultivated areas for food and possibly also wood, we also need living spaces for our members. Personally, I had two ideas for this: the first is to create a unified dormitory for children and one for adults, which would save space but take away privacy. The other idea would be to organize a separate room for each person, where they can sleep and live. For couples with children, the children would have one room and the

parents another. For couples without children, there would be a room for themselves. Meals would be taken in a dining hall, and cooking would be done together in a large kitchen for everyone; there wouldn't be a kitchen for each apartment.

Common areas are a good place where people can sit together and converse. Regarding hygiene, shared washrooms would probably be a good idea; this way, a lot of space is saved, creating more room for residents. Since women and men would likely prefer separate washrooms, this should be voted on as a community when the time comes. One must consider that all of this also needs to be provided. This is primarily about the rough living space for about 50 people, so one should possibly calculate 25 to 40 rooms, assuming some of the 50 individuals are couples. This already requires several large houses, and there is no kitchen. Not to mention the bathrooms, dining or common rooms, or any potential storage and utility rooms, there should also be a large meeting room where all permanent community members can fit, so that one can...

Voting can also justly address every question; you see there is much to consider, and that is only

In the living spaces, it is always assumed that there will be enough people, as the commune, in addition to self-sufficiency and living spaces, also needs space for work machines, storage areas, and similar requirements.

Residential buildings should have at least one or two halls, barns, or similar structures. In the case of animal husbandry, there will naturally be additional stables and storage spaces for the care of the animals. Furthermore, it is also planned for the future community to establish a camping area to accommodate potential holiday guests or interested parties in the community. In addition to those interested who may apply for membership in the community, it could also serve as a potentially permanent solution.

A source of income to additionally support the commune includes a kiosk and/or a small pub or restaurant. It all sounds like a lot, and it is, but we

should consider from the very beginning how to keep the commune financially sustainable in the long term. It is sad, but without money, our commune would fail even in the early stages; therefore, planning ahead is important. One advantage we have here is that there are already others who have set an example. If one temporarily joins a commune or informs themselves about it, they might learn something. To attract potential camping visitors, the location would also be important, for example, where the commune could settle near a forest with a lake or similar.as much as possible in nature, as this way nudism and naturism do not disturb anyone, and one can, for example, also hike naked through the forest. In southern countries, the sea would also be an idea, as long as one can find a suitable location. The problem here could be the fertile soil. In countries like Austria or Switzerland, a location with a beautiful view over mountains and/or valleys would also be an idea, as well as a very rural area being good for potential naked hiking or similar activities. Since, as mentioned multiple times, nudism and naturism are important to us, a nudist-friendly environment would be good both legally and climatically. Legally, it would be less of a problem in Germany, as there is no law that prohibits it.It is problematic to prohibit being naked or even moving publicly only in public areas when one disturbs others with their nudity, meaning that others feel harassed by it. Unfortunately, I do not know how the laws regarding this are in other countries, for example, Austria, Switzerland, Portugal, Spain, Italy, or France. As for the climate, southern countries like Switzerland, Portugal, or Italy would be the better choice. I also know that there are already some in Portugal based on my research in the last weeks and months. List of potential locations: Germany, Austria, Switzerland, France, Portugal, Italy, Spain, Holland, Croatia, Belgium. To make it a bit easier, here is a note that there are laws in every country.In addition to EU laws, and since we want to establish the commune as much as possible within

the EU, I will write a brief general contribution on the topic of laws here, as I have never been someone who is well-versed in laws, regardless of the type, due to the idea for the commune and for our religion.

I have engaged somewhat with the topic, specifically with laws such as FKK (Freikörperkultur) and nudism; however, these are only the German laws so far. I do not know how this is generally regulated in the EU or how it is in the mentioned countries. I hope that those interested in the commune will find it easier than I did. Therefore, I will not address the topic of laws at all.

Advantages and disadvantages in Germany: the most obvious advantage is likely the language, although many people also speak German in Austria, Switzerland, and parts of the other mentioned countries. Other advantages, albeit only presumably, might be that one knows the country, and many may also come from here, which could create a greater sense of security than if one were, for example,Immediately after moving to Italy, Spain, etc., such a transition is likely to be associated with a lot of paperwork alongside the stress. The disadvantages would be that while the climate in Germany is warm enough in summer to live without clothing, it is only suitable for the truly hardy in spring, autumn, and especially winter, and even for them only to a certain extent without warming up. In winter, it is hardly possible. Another disadvantage is that Germany is largely very densely populated, meaning that if one wants to hike naked or engage in other textile-free activities outside the community grounds, one will inevitably encounter other people who, in the worst case, might complain if they feel disturbed. This is a pro and con of Austria and... Switzerland should not need to be mentioned separately here, as the language barriers are so minimal that they can be easily overcome. Among the advantages are the beautiful landscapes, which should be inviting for all those who love mountains and valleys. A disadvantage here is that the climate may be too cold for many; I have little experience with it, but depending on the altitude, it could even be a bit chilly in summer, especially in the mountains.

Thunderstorms can be very dangerous; in any case, I was warned as a child not to run around in

the mountains during thunderstorms. How serious such a danger really is can be poorly assessed due to a lack of experience. The advantages and disadvantages of Italy, Spain, and Portugal are as follows: here, the warmer climate should be the first obvious advantage. Additionally, this could be a possible location if one were to consider an appropriate...

Acquiring land by the sea is an interesting option; another advantage is that it would be easier to attract vacation guests who might pay for camping or general overnight stays, thus helping to keep the community's income relatively stable. Additionally, solar energy would likely be more productive in these countries. Disadvantages might include the fertile soil, especially if the land is close to the sea, due to the salt and loose sandy soil. One must also consider that the entire community aims to be as self-sufficient as possible, and in the event that the idea of camping sites is implemented, these must also be supported. As a small note, being close to the sea might provide an alternative opportunity to create small items from shells or similar materials.to make pendant chains or something like that which could then be sold to tourists as souvenirs, advantages and disadvantages of France, Holland, and Belgium, here I need to

I can neither really list advantages nor disadvantages since I have never visited Holland or Belgium, and I have only been to France a few times. I know nothing about the climate, laws, or language in France. I know that it is quite difficult to communicate in German, as far as I know, since most older people are so proud of their language that they are reluctant, if at all, to speak other languages, at least based on my experience and that of friends. A brief note: I once quickly googled the climate in France; in the south, it is about 9 degrees due to the Mediterranean, which, as assumed, results in a somewhat pleasant climate. In Holland, the Netherlands, the weather is colder and apparently has quite a bit of variability. quickly not exactly ideal for nudism and naturism in Belgium it seems to rain more

than snow in winter here in winter it is probably about 2 to 7° which might be a bit too fresh for nudists and naturism fans but also not unbearable in terms of climate so I can only speculate as I said by the sea the climate should be moderately temperate although that probably still depends on the season many acquaintances and friends swear by Holland at least regarding the people and financial matters as I said I have never been there so I can only tell this from hearsay as for Belgium I have never been there either however I know some people from Belgium W only fleetingly I have always had a good impression of them unfortunately I know very little more about the country unfortunately the BelgiansThe people I got to know were very open-minded, so they were also enthusiastic about naturism, but that could of course also be specific to the individuals themselves. The pros and cons of Croatia, just like in the previous post, I can hardly say anything about the country. I have wanted to go to Croatia since I was 16, but unfortunately, that has never worked out until today. I think the climate should be quite warm for most of the year, and even in winter, it should be reasonably pleasant. I just looked it up on Google, and it said that along the coast, it is about 10°C during the day and around 5°C at night in winter. In the inland areas, there might even be snow. So, as usual, the question arises of where to establish the commune, although I don't even know if there would be the possibility for something like that.The advantage here, just like in Spain, Italy, and others, is that it is a popular holiday destination. Therefore, one can probably operate a campsite well in a beautiful location, especially since I have found through my own research that there are many naturist holidaymakers and tourists. However, the beaches are reportedly more rocky than sandy, and there are many sea urchins, which is why one can only enter the water with beach sandals. Well, my dear ones, that's it for today's post. You see, one should consider a lot, especially since one is looking for a place where ideally one wants to live the rest of their life. I thank you for your attention, and feel free to write comments with your opinions or your experiences and tips. Estimated timeline: Hello everyone, today a slightly shorter post.

The reason for this is that today we are setting an estimated time frame for our faith and our commune. A small note at this point: these are not fixed plans; they can shift forward or backward at any time, depending on how many people join us and with what financial and material resources.

While we start these plans, things can of course go completely differently; in the worst case, we might fail at the first hurdle, which would be finding other people to join us. In the best case, we might have the opportunity to get started in just a few months. However, I want everyone to know right away that this is a lifelong task. No one who joins us is forced into anything, but they have their responsibilities. If he or she wants to leave us, there will be established rules later on, which should be fair. For my part, I would like to spend my old age in the commune if we succeed. As a final statement, I want to add that I am currently the only and thus sole founder; that means nothing, I am neither better nor worse, and I do not wish to have any superior voice. I only wish for harmony and peace for you and for myself; that is the goal of our faith and our commune.Initial estimates for members of the commune and faith: first, we need members at all. Depending on how much reach the blog generates and how many interested people come forward, I would plan for about one to three years. Ideally, for a healthy community, about 50 to 100 people would be best. Then we need a location to provide a place for those living in the commune and those who practice our faith. The search for members may overlap with this; perhaps we will already have a location before we reach the number we desire. We should also take at least a year for this. The reason is that one should carefully consider what is needed and where to get it.

Since we place a high value on freedom alongside self-sufficiency and all other things, a crucial step is joint activities, whether discussion rounds where one can address and perhaps solve problems, or joint sporting activities, whether one gives a course or participates in one to find their inner self. In short, we also wish for a wide range of spiritual as well as physical relaxation. For this, it naturally

requires people who are knowledgeable or interested in this. It is impossible to set a timeline for this; however, it can be said that we want to introduce it as soon as the commune is found and established, so essentially from start to finish. By the way, this should be something for new interested parties to integrate themselves into the commune. The completion of the commune will never happen, at least not as long as the commune exists, as we should always work on ourselves. Such a project will only have an end if it fails, which means it ideally never ends. Therefore, there is no end; this is, like everything else so far, just a brief overview. If you want to know something specific, feel free to write a comment, and I can perhaps supplement the post or write an additional one.Men who cry: even as a small boy, at just two or three years old, I was taught that men do not cry. When I was hurt or sad, it was always said, 'Come on, big boys don’t cry; you want to be a man, right?' Wow, what...

It's a bullshit excuse, but I always get angry when I think about it, regardless of whether it's a man or a woman. Crying is a normal physical process triggered by sadness, and sometimes by anger. Most adults, regardless of gender, feel ashamed when they are observed crying. This has two reasons: the first is that, as a man or an adult, one is not supposed to cry. Children cry for various reasons and even have certain advantages; especially as children, it is normal for adults to rush in to see what is wrong and help if necessary. Crying children also tend to evoke feelings in adults, which is a normal and even important aspect of nature.Babies and toddlers who cannot speak well or at all communicate this way. Crying is, therefore, something that is crucial for our survival during these life stages. When children cry, adults usually feel pity, and that is actually what it is meant for. However, as children grow older, this means of communication loses its effectiveness. In adolescence, what was once necessary for survival

as a child becomes a sign of weakness. Once a child, let's say a ten-year-old, cries, they quickly become a target for bullying or other cruel games by many other children. The really terrible thing about this is that boys and girls are perceived differently, which again relates to upbringing. In our time, although life has improved for women in many countries due to emancipation, this typical different upbringing of boys and girls still exists. Boys are into cars and dragons, etc., while girls are into princesses and Barbie, etc. Even though there are already people trying to raise their children neutrally, boys are not supposed to cry because it is seen as a sign of weakness. That is exactly why boys are sometimes bullied by other boys and even girls, because in their eyes, crying is a sign of weakness rather than sadness. However, when a girl cries, people try to help and comfort her. The reason for this is that boys are taught from a young age that girls need to be protected because girls or women are the weaker sex. Weak women—I don't know which women most men deal with, but the ones I know are anything but weak, perhaps aside from physical strength. Crying in adults, yes, especially due to bad experiences in childhood and youth, makes men especially reluctant to openly show their feelings, at least neither sadness nor similar emotions. Biologically, men are indeed stronger, at least in terms of physical strength, but that does not apply to everyone. However, emotionally, men are no different from women, although that is not entirely accurate either; it has to do with testosterone levels, but that's a topic for another time, otherwise, I will digress endlessly. Women also do not like it when they are caught crying, but they are generally more open about showing their feelings, especially sadness.As a man, on the other hand, as already mentioned, we are taught as children that crying is bad. At the same time, we are taught to comfort crying girls or women, which I find to be somewhat of a contradiction. I was someone who cried a lot as a child, and we are not talking about when I was four or five.

But we are talking about the time when I was 15 and 16. I have always been an emotional person, and I am proud of it. Although I do feel shame when I cry and others notice, I have no problem showing my emotions, especially sadness. Why should I? Many people are crueler than they might even be aware of, and sometimes they are not even truly to blame for it. The reason for this lies partly in biology and partly in upbringing. In nature, those who are weak die, which means that the strong survive. Since sadness and especially crying are seen as weaknesses, particularly in the so-called strong gender, this one person is naturally targeted. Another reason I say that we humans may be a bit more advanced mentally is...Humans have developed to be as intelligent as animals, yet they are still foolish. Nowadays, humans practically have no natural instincts left because we can protect ourselves more easily with weapons and our intellect. Therefore, the idea that boys shouldn't cry or that someone is bullied for crying is complete nonsense. An intelligent species cares for its weaker members, such as elephants or whales, both of which are intelligent and highly social beings. They take care of each other and even comfort other animals of their kind. Elephants have even been observed assisting a dying companion until it ultimately passed away; they did not want to leave it alone. While cruelty exists in nature, most mammals, in particular, care for one another. True cruelty is a human trait. There are people who take pleasure in the suffering of others, whether animals or other humans; they do not care. Therefore, if a human wants to be such an intelligent life form, we should behave accordingly. To be honest, I am ashamed to be called a human. That's my personal opinion. Thoughts on the topic, whether boy or girl, woman or man, stand by your feelings; everything else ultimately only destroys yourselves. Idea of the area for the commune. Hello everyone, since we currently do not own any land for the commune and therefore have no images, but have a rough idea for the layout of the commune, I have brought you two drawn maps

today where you can see the approximate layout. Of course, it is unlikely that it will be implemented exactly like this, but we can see if and how we can make it more accurate. A small note: everything that is drawn, at least in terms of buildings, should also be potentially feasible. The surroundings, such as lakes, seas, forests, etc., will depend on the future.I have thought about the property, and I will first post the image of the map and then describe where everything is, ideally with a bit more detail about what or how it is intended. A small note: I am neither a drawer nor do I have much talent, so the map looks a bit childish. I hope everything is still recognizable. Since I have two maps that are practically identical in terms of buildings and places but positioned differently, I will only go into detail about the first one regarding what it is intended for. I would appreciate comments if you notice something, if I have forgotten something, or if you have your own ideas about what else could be built. For now, here is the first rough sketch; I would start at the top left.

Let's start and begin working down to the right. We will begin with the living spaces or houses, as we need accommodations for the permanent residents of the commune. I thought we could plan to place two or three buildings in one area of the site, depending on the preferences of our future residents. We would either remodel the houses or build them in such a way that they have at least two or maybe three floors, with a basement, each containing a large bedroom or several bedrooms. We have already discussed the distribution of the sleeping areas in another post, but since there is still no concrete plan because there are no residents yet, this has not been finalized. Additionally, we thought that each house should have at least one communal washing room and a small kitchen.and have a common room. The reason for the shared washing area has already been explained; it simply has to do with space. Meals are usually taken together, either in the assembly house, which also has a large kitchen for everyone, or a separate building is needed so

that everyone can eat together. However, having a small kitchen in each house is important just to be able to heat or cool something. Additionally, some may occasionally want to prepare a small snack or want to cook as a group without having to use the large kitchen. These are just a few ideas. The next item on the agenda is the festival area; how large it should be is still uncertain, but if the commune grows large enough later on, and one...If you want to hold an open house or other events for people from outside, you will need more space depending on the number of visitors. The size on the sketch is, of course, not a scale. Here, various festivals can be celebrated, for example, when someone has a birthday or if we perhaps hold a kind of harvest festival. In short, it is simply a place for communal celebration. If the weather is nice and there are no current events, the space can also be used as a lovely opportunity for the community, such as sitting together by the campfire, grilling, or similar activities. In the middle, you see a tree; I thought it would be a nice idea to plant a tree in the center that can also be decorated. I was thinking of an oak or a weeping willow.or something similar, just a beautiful large tree with wide or long branches. The next would be the assembly house; here we should choose to build a somewhat larger building, as this building will be used for meetings and communal meals. The building does not need to be multi-story but should provide enough space for at least 100 people. It would suffice to have one floor with a room for the large kitchen, perhaps also an adjacent room where various items can be stored, such as tables, chairs, or other things like mats or even sports equipment, the latter being practical for potential courses. There will soon be a separate post on the topic of courses. Besides meetings, courses, and communal meals, the hall is also good for when events are held.for the guests to explain what our commune is, how we live, what the advantages and disadvantages are, in short, simply to hold talks for guests to potentially attract new interested individuals.

It would also be good for weekly gatherings of our faith that the forest to the right on the map is of course the hardest where it ultimately is on a map our The commune would be important for various reasons to have a forest nearby, firstly to have wood for the winter. If one does not have their own piece of forest, they must find other ways to obtain wood, assuming they do not use other fuels. Additionally, it would be beneficial if the commune is somewhat rural, as naturism and nudism are central themes. There could be hiking trails where one can avoid disturbing others. At the same time, the seclusion would be advantageous because it is further away from the noise of the city and roads, allowing for better concentration on nature and the energies within and around oneself. It is easier to find one's inner center. Further down on the map to the left would be the workshop for anyone who has their own house or own...The apartment will confirm that there is always something that needs to be repaired, whether it's something small. Cabin or bed, toilets or other sanitary facilities, or even machines like tractors or other equipment needed for forestry and agriculture, as is customary in our commune, it is best to do it yourself. Of course, this assumes that the person is knowledgeable about how large the workshop needs to be, depending on what all one wants to do. For example, one could also produce souvenirs for events; items made by hand not only have an individual value, but they are also unique. Such items could then possibly be sold on event days or offered in the kiosk as mementos for camping guests. Then there is the barn, and the silos in the barn store various items, for example, straw and hay for the...Any animals we might have could then be used to store tools for fieldwork or for animals. Storing animal feed is possible in silos alongside hay and straw, as hay requires a dry place; however, silos are usually better suited for silage or crops, which is feed made from barley. Here, the type of storage also plays a role, whether it is a high silo or a ground silo. Next, we come to the kiosk,

restaurant, inn, and campsite. The kiosk and restaurant inn are located near the campsite, as the campsite, kiosk, and potential inn are planned as additional sources of income for the community. It is situated a bit outside the community. Guests of the campsite or inn should have the option for naturism or nudism, as this is part of the...One part of our life philosophy is to provide guests with an additional incentive. Furthermore, it would certainly be good to have an offer where potential holiday guests can temporarily visit the commune and participate in our way of life. Guests should have at least partial access to the commune, as this could certainly be another reason why they choose our campsite. I will soon write a separate post regarding the regulations for the commune and campsite concerning nudism. I would also suggest creating a detailed plan for applicants, although there is not yet a specific one. For example, we could offer them the opportunity to help in the fields. We could create mandatory courses in which they participate daily for one or two weeks.all

We should participate for a few days, and I will make a suggestion regarding this as a post. The kiosk should not be too large; a small stand would suffice, where one could buy ice cream and chilled drinks in the summer, perhaps also sandwiches or small souvenirs. The restaurant or inn is a bit more elaborate, and it would probably make sense not to focus too much on that. Running a restaurant is significantly more challenging than managing a small kiosk, especially since licenses are required, although I am not sure how that works in a self-governing community. Furthermore, in the restaurant, we would want to offer food and dishes that we have produced within the community. However, since the community also needs to sustain itself, this should be well organized.However, it is probably not possible at all if one cannot produce enough food. If one were to create a guesthouse instead of a restaurant, it would likely be easier because one can offer food but can stick to simple items like potato salad and perhaps

schnitzel, which are easier to prepare than, for example, pasta with sauces and similar dishes. Additionally, one could rent out some guest rooms where potential vacationers who do not want to camp can stay. Here, of course, the size is again crucial as it determines how many guests can be accommodated. Now, to the left are the fields; the size and number are important here as they affect not only the commune but also the animals and the potential guests.wants to run a restaurant, inn, and/or kiosk, as one can never plant the same crops in the fields, otherwise the soil loses its fertility. Therefore, it is very important to have members in the commune who are knowledgeable about this or are interested in it and want to learn through it. Although I do not have it.

It is marked, but perhaps one can also plant a small orchard with various fruits and nuts near or around the fields. Since trees draw many nutrients from the soil, it is important to maintain the appropriate distance from the vegetable fields. Perhaps one could also create a proper orchard further away, where species like apples, pears, cherries, and plums grow well, for example, in Germany. In warmer countries, one might even be able to grow bananas, oranges, or other plants. In Italy, Spain, and Portugal, figs and olives are native, which would also be good for producing one's own olive oil, even though I personally do not like olives. Next on the map is the barn, where the animals are kept, logically. Ideally, cows and pigs will be raised there.and chickens

perhaps also goats and sheep; the latter could be useful for wool. Although we wear little or no clothing in our commune, we can still make pillows and blankets. Goats would provide milk and cheese, but in my experience, they are not very pleasant to keep. Pigs and cows would be important for milk, cheese, butter, and meat, as our commune, as mentioned multiple times, does not live strictly vegan or vegetarian, although we certainly want to cater to those who prefer that. Chickens

would be important, as well as other poultry, because not only can we eat eggs, which are universal in the kitchen,

but we can also eat the meat. In the case of a lake or pond, as also indicated, we can offer fish during the appropriate seasons, although this depends on the water quality and any bathing areas, which determines what type of fish we can catch or introduce. By the way, I have considered that we could also keep bees and produce honey, which can be used for a variety of things, from simple spreads to brewing honey wine. Lastly, we have the lake or pond, which serves several functions: it is a nicer place for camping, and it can be used for cooling off in the summer and warm weather. Depending on its size and water quality, we can introduce fish into it, although we should be very carefulabout which fish we introduce, as there are freshwater fish that can be eaten but can grow large enough to eat cats and small dogs if things go wrong. After all, who wants to go into the water, especially naked, if there is an animal swimming in it that could injure or even kill them? For those who want to know more, I was specifically thinking of catfish; just click on the name, and it will lead you to a link. This is just one of many stories; it involves a 14-year-old girl, although I must admit they would have to live in the lake or pond for a long time. A pond is better for fishing, by the way, as you can simply drain the water when needed and catch the fish relatively easily. This can also be done in one or another lake, but lakes are generally always filled with water, making it impossible to dry them temporarily.Nevertheless, this and a few other things should be considered if you also intend to breed fish. Some fish, like trout, primarily live in flowing waters, such as rivers or streams, as they need clean, clear water. Others, like carp, do not prefer a specific type of water, although they usually live in standing waters, which also depends on the type of carp. So now you know everything I have to say about the respective areas indicated. In the second map, there is a small change that

I will briefly address, but I believe I have already explained everything else through the first map, so this will be the end oftoday's post, which is significantly longer than usual. As you can see, there is a small change; aside from the positions of the respective buildings, where the first draft could still be in Germany, this one is more intended for the south. Of course, there are beaches and seas in Germany, but since the commune is better suited for nudism and naturism in the south, I thought we should have the opportunity to look for a property with a small private beach. Whether we can actually get one is the question, but it would certainly be more appealing for vacationers. Therefore, here we have a campsite close to the sea, while fields should be a bit further away, as the soil directly by the sea, whether sand or earth, is less fertile.naturally affects the harvest you see I have already tried to think of as many possible options as possible it is clear that this is anything but easy to implement as long as I am alone especially if you are interested you can speak up in the comments also you might have ideas

For improvements, that would be my contribution for today. Remember to always take a break and switch off. Courses and groups can be thought of as a kind of guild in the Middle Ages or in games, where courses will be more time-limited events and groups will be something permanent. I will write a separate post about which courses and group applicants should go through, but ultimately it will be decided as a community. However, let's first get to the actual topic. First and foremost, do not see groups as something mandatory; you should be able to move freely between groups and make decisions at any time. This should not hinder work or be forgotten in the middle of it, but ideally, one should already have decided when they are there for the day.We will surely find a fair method together. However, no one should feel forced into anything; others may only want to be active in a specific course or group, and that should be decided by each person for themselves. Let's first address the

topic of courses. Courses for the community should be time-limited offerings for the community and potential visitor applicants. Courses do not have to be offered only once but can be repeated at intervals of several weeks or months. This would likely be well received by applicants or visitors, as it makes it easier to establish a connection to the commune and our beliefs.

What courses should be offered? Courses I thought of include, for example, yoga and meditation courses where one can learn how to relax well or connect with their own energy. Another course deals with inhibitions or shame; there will also be some contributions on this topic over time. Many things in our current society are influenced by feelings of shame, starting from the shame of being naked, which should be completely natural, to certain behaviors, such as when someone likes to sing but does not hit the notes. Even if it may not be pleasant for others to listen to, one should not be ashamed if they enjoy doing it.

One course could be on the topic of sexuality, which would cover a range of individual topics from the relationship between heterosexual couples to homosexual couples and bisexual couples, and much more. The topic of monogamy or polyamory would also be a point that many would surely want to discuss.

Information or simply wanting to know more, especially when one is considering such a form of relationship. Courses on the topic of jealousy are certainly important for many who want to try an open or polyamorous relationship, especially when one partner is doing it only for the sake of the other. Courses on the energy in and around us, where one can communicate with each other, are also valuable. Such courses do not have to remain solely about talking; energy is usually strongly felt when physical touches are exchanged. This does not mean sex; it is enough to simply touch fingertips, hug someone, or engage in the simplest physical contact and closeness to others, regardless of gender or sexual thoughts. People

need physical connection.Touching to feel physically and mentally healthy; there are many more ideas, but that's one for now. only a small part of what we could be dealing with who should give the courses it would fundamentally be good if the courses were given by someone who really understands the subject in case of doubt someone with experience can support or teach someone else how to design them it would be better if there were two people as contacts for the courses however I think the most important thing in this case is a well-developed concept I believe that some courses should be firmly scheduled especially for applicants and interested parties these courses should ideally always be conducted by the same individuals there are no fixed rules for courses but if someone wants to give a course it should be someone with experience or at least part of the course team if there are severalPersons are those who should give the course a developed concept, a plan of how many hours and days and a The number of course participants should be taken into account; too many would make it confusing, while too few would render the course meaningless. The number of hours and days should also be approximately determined, as it is important to achieve the course objective; without a goal, a course obviously makes no sense. Groups in the community, groups in the The community consists of various workstations or should become such; unlike courses that are partially voluntary, some of the groups should be mandatory for each person. One does not need to be permanently in the same group, but since everyone in the commune must pitch in, especially at the beginning, it is important that everyone participates. As the name suggests, we are dependent on each other in a community. There must be groups that are essential; as mentioned, some groups must exist, although they do not necessarily have to be called groups. Every person has different talents and skills; nevertheless, everyone should also take on tasks in which they are not as proficient, as everyone must do something they are not good at. The whole process should be fair, including a

group responsible for cooking.is responsible when we are a certain number of people, we also need to cook correspondingly large quantities of food, which is not for everyone and especially cannot be done by everyone. However, in the kitchen, besides cooking, there are many other tasks, as well as breakfast and Dinner, as well as lunch, is important, so we need a few people who can specifically take care of the kitchen. Since there are fixed times for meals, there should naturally be enough people ready to cook the food. The principle is more people, less work. Yes, too many cooks spoil the broth, but not everyone in the kitchen cooks. Then we need a group that takes care of the garden, fields, and animals, as we want to be self-sufficient. Therefore, we must also have fields, a garden, and animals.

Managing means we all have to pitch in, but since this job is not suitable for everyone, it is certainly important to have a group that can take care of it together. Other groups would be responsible for crafts and cleaning, as community toilets and showers, as well as other rooms, do not clean themselves. Therefore, it is certainly good to have certain people who take care of this. For the time being, these are groups that should definitely exist. Of course, anyone can also be in multiple groups, and since there are tasks like cleaning or working with fields and animals, etc., that many might not be keen on, it should be considered.

One could presumably establish a fair arrangement regarding how and who takes on which tasks; this is best decided as a community. In my personal opinion, everyone should work in each of the groups at least once a week. Exceptions would only apply to those who prefer to stay in the same group and/or perhaps have professional experience with it. However, it is also open to them to visit or switch to other groups. But as mentioned, this is just my personal opinion. Groups that could exist, but are not mandatory, are now about groups that could exist but without obligation, so to speak.

Leisure activities such as hiking or sports; some may prefer completely different types of

groups. The advantage of a group is that one could come up with something, for example, a bracelet or something similar that shows others to which group one belongs. Leisure groups where someone goes can allow others to join, potentially leading to friendships or partnerships. Additionally, it would serve the purpose of enabling outsiders to ask about the groups, which could inspire them. Of course, wearing such a bracelet, necklace, or similar item would not be mandatory; those who do not wish to wear it would not have to. A number of examples could include a group that enjoys fishing, a group that engages in card games, a group that likes hiking, a sports group, perhaps even sport-specific ones like soccer, basketball, etc., groups that enjoy gardening, groups that like to explore spirituality, and many more. These are, of course, just ideas, and it does not have to be limited to this. Ultimately, it remains with the community what you think of the idea and the courses or groups. I would appreciate your opinion. Life after death is once again our topic of faith today, although I unfortunately can only speak for myself as I am still alone. Therefore, I will write today from the 'I' perspective and not from the 'we' perspective. Since we are alive and cannot know what comes after, I have several ideas about it, or if you prefer, let's call it faith. Like many, I often think about death, and I believe that there are different possibilities. Today, I will describe only three of them, but at the moment, I have about five different and somewhat contradictory theories. Let's start with my...original faith as I was small original faith as I have already mentioned in other posts and the manifesto I was raised in the Protestant, that is, Christian faith since Christians have a clear idea of how one ends after life I spent a long time thinking about it as a small child it is clear that one thinks I want to go to heaven because it is beautiful there as a teenager I often thought I would rather go to hell why in four words Sex Drugs Rock and Roll you understand why should I want to go to heaven when everything is forbidden there not to mention

that due to my bisexual lifestyle and preferences I would be damned forever no let's say in hell there are naked women and men there is beer andmuch more in heaven everyone wears white that is already the first thing that is not right then everyone plays harp seriously I have absolutely nothing against classical or harp music on the contrary but Variety makes it beautiful down there; they have guitars, drums, bass, and a thousand other instruments. So why limit oneself to just one? What do they drink in heaven, if they even get something to drink? They drink wine, and not even the good kind; no, they only drink that red stuff because it is the blood of their savior. Old blood, I can drink that in hell too, and it doesn't even have to be from a savior. So, enough with the nonsense. Seriously, as a child, I always imagined heaven and hell to be extreme, but even back then, I realized that I couldn't really buy into all that talk about life after death. I never understood the contradictions in the Christian faith. Seriously, how can such a belief exist after all the criminal acts?It's already a tough pill to swallow. I certainly don't understand it. Here, we're not even talking about all the things that priests from the Catholic branch of Christianity are said to have done. By the way, I never understood how Christians can be divided into Catholic and Protestant. Even as a small child, I thought it was absolutely incomprehensible how one could have the same faith and yet be categorized differently. And that, in turn, is borrowed from Judaism. It's incredible; it's just so sick that these actions are still portrayed as righteous to this day. But we won't elaborate on that further. There's not only bad but also good. My faith today prioritizes two types of belief, some of which I often rely on.Things I have experienced in the course of my life or heard about. Nothing more comes to mind. I'll start here; this can be explained in a few small sentences. I believe there is a high probability that after our death, we cease to exist. In short, our consciousness, or better yet, our self-awareness—what makes up our personality—ends. This does not mean that there is no continuation after

our life, but only that our personality no longer exists. The energy that is also part of us and leaves our body continues to exist; it just takes on new forms, perhaps even those of humans, but nothing more. I believe that our self-awareness, or our personality, is partly connected to our nervous system, that is, our biological components, in combination with our energy.The absence of either one leads to the loss of our self-awareness. I can elaborate on this in another post if needed, as it goes much further. We are reborn. Here, I will jump onto the last few sentences of the previous topic. As I said, I believe that our nervous system, our brain waves, etc., are connected to our energy. I want to briefly elaborate on this. A few years ago, there was a report about a little boy who was able to identify his own murderer. However, no ghost appeared; there was a boy who was only three years old at the time. You can read about it here; he told his parents a story, and they subsequently informed the police.The boy was able to identify a murderer who had allegedly abused and subsequently killed several children, including himself. The boy could provide not only details about the murderer but also about the location, the nature of the abuse, and the killings themselves, even where the bodies of him and the other children were located. Incredible story, and I never bothered to check if it ever came out as fake, as it somewhat supported one of my various theories. I must briefly digress, but really just briefly; everyone must have heard of people who remember snippets of their past lives. I count myself among them, by the way. The boy could say much more than he should have known. Now, let's return to the actual topic, which is, and this is just a theory, that our soul or our energy can store our memories and take them with us, either only partially or completely. The human brain, however, is not developed enough to process this information in the event of a reincarnation.The human brain has a size and capacity that we do not utilize at all in our lives; a large part of our

brain is absolutely unused. What if we evolve further? Biological development always takes a step forward; genes and mutations are always the reason for this.

Further development of a way of life. Now I believe it might be possible that some people can process more information than others; they may not be more developed than others but have gone through a different development, at least in terms of retrieving information concerning our soul. This is the theory. In this case, I imagine life after death as follows: a small warning, I would like to describe it to you somewhat pictorially, so I will take references from movies. I mean what I say seriously, and it is only intended as a more illustrative image. Some of you may have already seen the series Loki on Disney Plus or the series Umbrella Academy. Attention: no, I do not want to...

Superheroes still rely on superpowers; the two have one thing in common. There are other movies, but let's focus on just these two. In both films, there is a place outside the timeline. In the case of The Umbrella Academy, it is the Commission; in the case of LOGI, it is called the Timekeeper Organization. Now, let's assume a similar type of organization with certain rules exists in a kind of soul dimension. One could imagine that each soul has a job and each soul lives as a human, animal, or plant for a certain period. I believe that every living being exists as a soul outside our existence in time, while living as a being in our dimension. One cannot process all the information that a soul possesses; some can understand more, while others can understand less.The soul has a kind of task list of what it needs to accomplish, meaning what kind and how many lives it must lead. Time passes for it differently than for us; for us, a life of, say, 90 years is a fulfilled long life, but for a soul, that might hardly be worth mentioning because it can live for many thousands of years, if it even does what we refer to as dying. Therefore, these 90 years would be like a kind of ninth layer for us, just to illustrate it further. I have much more to say about

this, but if I continue writing now, the post will become endlessly long. If you want to hear more about it, feel free to leave me a comment, and I can gladly write more about it. There is far more than this illustrative description regarding the topic of feelings, shame, and inhibitions.Inhibitions overcoming the overcoming of feelings or negative emotions is anything but easy why I address shame and inhibitions in a joint post because it is a feeling and the state that is triggered by the feeling of shame unlike what many people believe shame is not a feeling one is born with on the contrary shame develops only over the course of life and primarily through external circumstances scientists say this is strongly related to a pronounced self-awareness furthermore shame develops because people are observational learners by that I mean people especially young people observe the behavior of older or adult individuals and adapt this behavior the whole thing goes much deeper and I can gladly write a more detailed post about it but that would blow this post here again if needed just leave a comment back to the topic this means anyway when one reaches a certain age and becomes more self-aware and additionally adapts the behavior of others the feeling of shame develops over time when one is very small one thinks nothing of running around naked as an adult at least most do but see it differently thus we are back at the point that shame is not an inheritedemotion but arises during youth this also means that it can be unlearned or at least disregarded with practice our feeling of shame for example regarding clothing or general nudity develops only over time this is partly because one learns it from parents siblings or generally from others and partly due to various external influences such as during puberty when the body develops and shows partly more pronounced differences between individuals a girl's breasts become larger than another's or a boy's penis size is larger or smaller than another's boys have many fears that they will be laughed at or

mocked a fear that everyone should know is not entirely unfounded one thingthat unfortunately can also lead to later inhibitions and disorders can arise from shame as mentioned inhibitions or disorders can sometimes go unnoticed in childhood or adolescence but can lead to serious problems in later years for example there are women and also men who do not want to be looked at during sex for example they always want the light to be off in men there is especially the fear that their penis is too small usually our feeling of shame and our upbringing are to blame for the fact that we have inhibitions in certain matters there are many men and women who are strongly burdened by these inhibitions especially in later life as some of you may know who actively read the blog we do not only deal with the topic of community or ourfaith but also with such topics our goal is to show everyone that there is no reason for such fears everyone is wonderful as they are and as long as one does not harm anyone there should also be no reason for self-doubt many Self-doubt is precisely the result of other people mocking you; this leads to unfounded inhibitions and disturbances that can destroy your entire life. In the worst case, this can even lead to depression, which in turn can lead to suicide. That would be a complete waste of life if such inhibitions take away the joy of living. What remains then? Feelings of shame, whether regarding one's own behavior, body, or sexuality, are completely unnecessary. We believe that people who follow their own path, as long as they do not harm anyone, especially not themselves, can lead a happier life. Nowadays, there are many rules and societal taboos that restrict us and negatively influence our behavior, negatively in the sense that it leads to psychological burdens for ourselves. I know this personally; many who know me believe I have little or no problems with such things, but I too have myinhibitions and disturbances regarding certain points. However, I fight against them and try to resolve

them. Moreover, it does not hold me back when I want something; anyone can do that, even if it is more difficult for some than for others. I already mentioned that shame leads to disturbances and inhibitions. Inhibitions can also lead to fears or trigger them. Someone who fears everything continually places barriers in their own way and eventually becomes practically incapacitated, not to mention the psychological and physical burdens. These issues can accompany a person throughout their life, closing many paths that one would prefer to take or would have taken. It is not easy to erase the inhibitions that one may have carried for ten, twenty, or even fifty years.Even in the best case, a small part usually remains forever. It is best if one is raised from a young age in such a way that there are as few of these burdens as possible. Some can be hard to avoid, as it also depends on society. One must not underestimate how strongly the influence of social orders affects individuals. Having inhibitions can have both negative and positive effects; it sometimes prevents one from being hurt in advance or from hurting others. However, when inhibitions lead to disturbances and then even to depression, one harms oneself. It is terrible to hate oneself; worse is often that one also drags others into it, whether consciously or unconsciously.What I mean to say is, if you hate yourself, how can you expect others to accept you? Fortunately, there are
People, and I count myself among those who approach others and accept them as they are. A person who extends their hand to you, even when you despise yourself, can tear down your entire world. I know this from personal experience. In the end, there remains a white space that you can repaint and thus recreate, either by yourself or together with others. This is what we want to stand for in our community and with our faith. You are neither too big nor too small; you are not inadequate because of your appearance, not even if one is too fat or too thin. Both often have, though not always, medical reasons. Yes,

even if one is too fat, it can be due to medical reasons. There is work to be done on both, whether fat or thin, if one wishes to do so. But you can neither change your height nor your...Changing skin color and other things you are born with, and even if you can, you should not do it; it is not right. Especially to the ladies who might be considering something like breast enlargement, you are perfect just as you are. No one should make themselves smaller than they are. We want to help you accept yourselves as you are, for you are unique. There is no one else in the whole world like you, even if you are one of twins or part of a larger set of multiples; there is only one of you. Therefore, you should value yourselves and not compare yourselves to others. If you have any questions or comments, I would, as always, appreciate your feedback. Info post recap: Hello everyone, I actually want to publish this type of post once a week, although I am still considering whether to do it every two weeks or just once a month. This here isthe first and after a little more than three weeks since the blog was published I want to structure it like a table of contents so that everyone who might be new to the blog can more easily get an overview this should make it easier to get started and also provide better clarity for older and long-term members in addition there should always be a small text in which I report how I perceived this time between the retrospectives what has changed whether there were noteworthy comments and of course how our community has developed since I only started the blog just over three weeks ago and am still alone there is not much to say on that point today however I have now created a TwitterPosts will occasionally appear in the blog, and there will also be occasional re-posts of events we are attending or that we consider noteworthy. In short, it should be a small place where one can become aware of our community and our beliefs, or where information about similar topics is provided. The posts from the last three weeks

would be the initial posts of the blog. Perhaps some may notice that there are only 18 posts since the 31st, when the first one was published. It has been 20 days since the blog was launched, and with today's information post, it has been 19 days since the 18th, which would also have been today. However, one or two posts are missing. The reason for this is that I have been working on things in the blog in the meantime and have also published several pages, including the manifesto for the commune. Therefore, I unfortunately could not get to new posts for one or two days. However, something has still been published on those days, which are the five pages related to that. Additionally, there is a navigation link on the homepage.

Link to Twitter x in case anyone is interested, as we currently unfortunately have no visitors on the blog and no followers for the Twitter account, it will probably still be a rather lonely path we are walking. However, it must also be said that not everyone understands when one wants to take such a path. For ideas, comments, or suggestions, feel free to leave a comment. I would be happy if we already have one or another interested party in the next review. Until then, I wish you a nice time. Everyone can live; there are always obvious and less obvious reasons for whatever the topic is for you right now. The obvious ones are easy; you recognize them, and they... are not hidden, then there are the less obvious ones that, while not always hidden, require a closer look to notice. Lastly, there are the less obvious ones that disguise themselves as obvious and can easily be overlooked. When we take a topic like life, it is no different, as some may think. Today, it is about life and survival. I want to address both the obvious things as well as the less obvious ones, but I want us to take a look at the more hidden aspects.

When it comes to the advantages and disadvantages, reasons, and more about survival, first, the obvious things are addressed, as no one really needs to ask further questions about them because they are very evident.

The most obvious thing is that one adapts to the system and circumstances, which means that one often does things that they might not do if they had another choice. For example, working a job that one does not like or can hardly tolerate, or surrounding oneself with people one would prefer to avoid under different circumstances. In short, to survive, the majority will do almost anything necessary; if necessary, some will even go over the corpses of their closest friends and family. That alone is already sick, but unfortunately, it is the truth. Who would expect that?there is also another way most of us take the path of least resistance this is in our human nature and is not inherently a bad thing moreover even though we are as intelligent as we are we are still subject to our instincts one can choose to work against this and it can work but most do not simply because it means facing greater resistance than just adapting to it and for that matter as I said it is not bad but it becomes problematic when one neglects life in favor of survival here comes in a perhaps less obvious point although it resides in the shadow of obviousness none of us has to work excuse me I should define it more precisely no one has to work for othersAs a community, we are dependent on each other, but as individuals, we are only subjected to one single constraint: the consequences that must be drawn. Those who do not work do not earn money; those who do not earn money cannot afford food, housing, or any other amenities. Even we, as a commune, are or would be subjected to this situation. However, there is a simple difference: when we work together as a community without wanting to enrich ourselves, what would take forever or be too difficult alone is quickly and easily accomplished. While one might need hours alone, as a community, we finish in a fraction of the time. Moreover, we do not need self-destructive methods such as working six or even seven days a week.Some things do require daily attention.

for example, animals or plants if one wants to be self-sufficient, not

to mention that one receives something back when one gives, one can share the work with several people so that everyone can take a day off while another can rest; surviving by practically doing nothing but destroying oneself can, in the worst case, even have fatal consequences.
falls into depression or worse. There are not a few who have taken their own lives due to too much stress that comes with mere survival. For example, Japan is a country where this occurs multiple times. The irony is that when one does nothing but survive, life itself loses its meaning. When life no longer has meaning, what was the point of surviving? Like a house of cards, everything collapses when one reaches this point. Obvious reasons for survival can be summarized as follows: one works and works, and one's own life is left by the wayside. One works primarily for others and not for oneself. When one does not work, one loses everything that has been earned, and perhaps most importantly, one loses more and more.Joy of life, the less obvious things; one does not have to work, but one must face the consequences that come with it. One can also live without merely having to survive. Surviving eventually wears one down; one feels burned out or abandoned, which can lead to depression and other serious problems. The worst part is that one could die from it, which would completely undermine the purpose of survival. Here, first the obvious things, but first a personal statement: as a child, I wondered what the difference between living and surviving is, and then what does it actually mean to live? Of course, I knew and had known the definition of living back then, but I wanted not the definition but the meaning.Acquiring knowledge or otherwise the less obvious points I have been dealing with this since that time I have gone through many phases in my life starting from my childhood with a loving and even large family through a difficult and nasty youth to various phases in my now long adult life ups and downs exist for everyone I do not want the impression to arise that I am complaining on the contrary I am very

happy about my past because it makes me who I am today I know in my many years that are already behind me only one thing I still have no idea but that is exactly the solution life means something different for many for some it means a lot of money and wealth theySome have it or strive for it, some are more successful than others. For some, it may be a life of freedom, although that is also a question of definition and thus varies from person to person. For me personally, life means freedom, family, love, and peace. At the end of the post, I will elaborate on this and explain my definition of the aforementioned things. The obvious aspects of life are quite banal, starting with a heartbeat and conscious or subconscious actions. Living means movement.

Perception and existence recognition, one's own and/or the other, as life is defined slightly differently by everyone, it is difficult to make an exact statement about it. In any case, that is my opinion; for some, life means food, drink, music, sex, family, or similar things, while for others, life means freedom, which is attained individually in different ways. Some venture to other countries and/or live on the street or in their cars, while others find personal leisure more important. Some, like me, feel free when they can pursue the profession of their dreams, while others only feel free when they work a lot or not at all. It strongly depends on personal attitude, upbringing, and perhaps even culture. The less obvious things would be that one has a lot of renunciation, which most do not see as renunciation, although it also depends on how one defines their freedom and life. As I mentioned before, one only really has to draw one consequence in life: one does not have to eat or drink, one does not have to have sex, one does not have to work or do anything else that is always labeled as 'I must.' One does not even have to breathe; however, the consequence of that is that one dies, becomes frustrated, or develops other negative feelings, and this consequence is indeed a must. Beyond that, everything is open if one wants to enjoy their life.But like everything, this also has its price. The

question is, is the price too high for you, or is it acceptable? That, in turn, is your own decision and your own conclusion. Obvious reasons can be summarized: living means breathing, perception, heartbeat.

Living by human definition means that one has many things that bring joy. Living means freedom; the less obvious things in life come with sacrifice. Life has its downsides, which are not always bad. Life is created through experiences of happiness, sorrow, disappointment, and hope. The most important thing is that life is limited; once it's over, you never get it back. This means you should always take time for yourself and what is important to you. When your life is over, you may not have a second chance. For me, living in freedom means I can go wherever I want, eat whatever I want, regardless of how much or whether it is unhealthy. I can say and do what I want as long as I don't harm anyone, and I am accepted as I am.For me, life is family. Growing up in a fairly large family, I always wished for my own children and a wife, or two, and simply a large family of my own. By 'two wives,' I mean a polyamorous family, as I am polyamorous. Perhaps also a woman and a second or third man involved—just people around me that I love as they love me.

Love means love. Love is and should be unconditional. Love is the most beautiful and simultaneously the most terrible thing in the world. A happy love can beautify the last seconds of your life, even when you are dying. At the same time, love also means pain. Love, when used against you, is more cruel than any physical wound. It is no coincidence that one never forgets their first love. Living in peace brings tragedies, pain, suffering, and sorrow, but life is not only made up of these. There are people who have experienced worse than I have. My life has never been easy either; however, I have also experienced many beautiful things. Living in peace means for me that I accept what was or what comes. It is not about the good outweighing the bad.The bad in my life is just as much a part of me

as all the good. I have made my peace with all the bad things I have experienced or caused. It is part of my past and influences my future, but it does not determine whether it will be good or bad. In short, I want to say that even if I have not achieved everything or only little of what I wanted to achieve in my life so far, it is until the...

In the end, my life is something that no one else can ever take away from me. Even if someone were to end my life, how could I view my life as bad? I have experienced love, and even though I do not yet have my own children, I have had a large family. I live my life freely and as I wish. Of course, I cannot do everything I want, but there are always limitations, and as I said, consequences are the only thing one truly has to live with. If I were to die today, I could go in peace, for even though I still want to achieve a lot and have hardly accomplished what I want, I find that my time could not have been better spent. Live each day consciously, not just survive, but live. Looking back at August 2024, the last post is now.It has already been more than two weeks since I last posted. I started a new job a week ago, which is why I was only busy with that last week. Aside from that, there were a few reports on X, formerly Twitter, last week, but apart from one or two posts since the last review, nothing really noteworthy happened. In the last review, all the blog posts up to that point were listed. Since the blog still has not seen a surge in visitors and probably won't have much to report in the coming months, I have decided to focus on my work for now and only post a review once a month. Of course, there will still be posts, but they will not come as frequently as they did initially.In the first three weeks, new posts came daily, and I still have plenty to write about. However, I also want to inspire people and find those who want to join us in faith and the commune. Posts since the last review: those who have been paying attention will have noticed that in the last review, post 18 was the last

one. Since post 19 was the review, it is, of course, not listed here. Anyone who wants to read the post can simply go to the title 'post time' and access it, as it is also a link. New pages have not been added since the last review, so I cannot create any links for that. Instead, I would like to post one or two Twitter profiles that I follow and that I.repost. I follow them on Twitter; they are an association promoting German naturism. They post, among other things, events, information, documentaries, and share other naturists' posts who are looking for others or posting for others. In my opinion, this is a gain for the movement. Unlike the previously recommended one, this is a nudist club that also offers eroticism. Of course, naturism and erotic nudism are further apart than most know. Since we in faith and our commune also want free love, I follow them as well. Naturally, no one has to deal with this if they do not want to, but as mentioned, it is a nudist club that offers various locations and relaxation options. This is about.an individual who also seems to organize naturist hikes or events quite often. Additionally, he often shares beautiful pictures of the landscapes where he hikes and shows how beautiful a life free from clothing can be. Well, that would be a good start. There are certainly others, but one shouldn't overdo it. If you're interested in more, feel free to express your thoughts in the comments. Otherwise, I wish you a pleasant remainder of the week. Expectations of dreams: Dreams are something that not everyone has. I am not referring to the dreams you have while sleeping, but rather those that symbolize a specific goal in your life. Don't get me wrong; everyone has goals in some way, but I think only a few truly have real dreams, especially in today's time when many believe that esotericism or the supernatural is nonsense. For those of us who believe in such things, it makes it difficult, especially since the term esotericism has almost become a curse word for those who engage with what is generally considered nonsense. This generally means nothing for individuals, as I have mentioned in other posts. For

those of you who would like to delve deeper into the term esotericism, I have found a link here, even if it is just a Wikipedia link. Esotericism: I personally find much of what some people claim to be supernatural to be nonsense as well, but I respect others' opinions; I don't have to share them. It becomes uncomfortable when others try to impose their opinions on me, as that is something that can make me angry, even though I don't like it.Esotericism is, for many today, a kind of insult expressed in phrases like 'you old esoteric' or 'you can keep your esoteric rubbish' or similar ways. Of course, with the right wording, anything can be turned into an insult, but that's another topic.

Expectations of dreams: First of all, what is meant by expectations of dreams? Many people have dreams, but most of them dismiss them at a young age, either because it is too difficult for them, because they don't know how to realize them, or simply because they develop new interests, which eventually makes their old dreams fade or change.

In their youth, all children have dreams about their professions, like being a firefighter or similar, up to other unfulfilled or quickly spoken things. A child, perhaps four or five years old, quickly says something they don't yet fully understand. Those who hold on to their dreams and eventually succeed, or perhaps fail, are the ones who...

Expectations for their dreams now, but I don't want to say that everyone who gives up their dreams for various reasons has no expectations of them. It is much more the case that these expectations, due to fantasy or acquired knowledge, simply do not reflect what one originally expected.

For someone to change their dreams or even give them up entirely does not make them better or worse than others. Those who, despite all difficulties and even disappointed expectations, continue to pursue their path are the ones who have expectations, for they do not give up their dream or change it because their expectations were disappointed. Rather,

they change their expectations, allowing them to continue pursuing their dream and perhaps fulfill their expectations after all.I don't always want to, but I can only speak for myself as I am still alone. As a small child, I don't remember exactly how old I was when I realized how terrible people actually are to our planet and to each other. I want to say here that I am not much better myself; I do not exclude myself. I want to change that, which is why I am also looking for people with whom I can realize my dream of changing the world for the better. In the world, there is everything from pollution to wars to the discrimination of individuals or small groups—so much that, in my opinion, destroys the lives of all. We live in a society where love, peace, and happiness are practically dead. I learned as a small child that you only have two options: to adapt or to sink. I probably learned this lesson a bit earlier than others, but I do not adapt. The world is not black and white, nor is it shades of gray; there are all colors and even more—red and blue, green and yellow, and many other colors. You just have to look for them. Those who seek will find that when they open their eyes, they have always seen them.

Assign certain emotions: red for love, black for sorrow, white for purity, and many more. Feelings have colors; one just needs to learn to see and feel them again. I still have expectations for my dreams. I dream of creating a better world where I can bring children into a world that also wants to improve it and can live peacefully in it. What are your expectations for your dreams, and do you still have them? They say dreams are just bubbles, but bubbles can lead to wonderful things if you know how. You just have to work on yourselves and believe. And if your expectations are not fulfilled when you follow your dream, then make sure your dream meets those expectations. Write a comment and share what you dream of.Do you still pursue your dreams, and do you believe you can achieve them? If you no longer believe, perhaps you can share

why not. Maybe we can help you fulfill these dreams.